



SEA-HA RUNNER

COQUILLE INDIAN HOUSING AUTHORITY

2678 Mexeye Loop
 Coos Bay, OR 97420
 Phone: (541) 888-6501
 Phone: (800) 988-6501
 Fax: (541) 888-8266
 traceymueller@coquilleiha.org

HOUSING PAYMENT PICK UP AVAILABLE
 Housing payment pick up is available for elders and people with a disability. Call CIHA to schedule a payment pick up at (541) 888-6501.

EMERGENCY PREPAREDNESS ARE YOU READY?

Resources can be very limited when emergencies happen. Prepare today and be ready. Start by putting together a 'go bag' for every family member in the event you need to evacuate the location you are at or shelter in place when disaster strikes. Keep the 'go bag' with you - it is your survival pack. In addition to the basic supplies, plan ahead for other items you use daily and may need during the disaster, such as:

- Baby necessities
- Family medications
- Pet supplies - food, medications, leash, bowls, toys, and crate
- Cash, insurance papers, and other important documents
- Books and games
- Non-electrical supplies: a hand crank radio, a cell phone charging device, a manual can opener, a camp stove coffee pot, fire starting supplies, etc.
- A fire extinguisher



Plan on electricity being out for a few days to a few weeks. Stores, banks, ATMs, gas stations, and other businesses will most likely be closed until services are restored.

Proactive Planning Tips:

- Make a plan on where to meet if family members get separated; have an out-of-state family emergency contact
- Keep your pantry stocked; rotate your food supply
- Keep a two week supply of water on hand
- Keep your cell phone charged and at least half a tank of gas in all of your vehicles
- Have a well-stocked first aid kit and a first aid manual

March

CALENDAR

12	Daylight Saving Time Begins
13	KRA Board Meeting at the CIHA Office and via Zoom Begins at 5:30 p.m.
17	SAINT Patrick's DAY



Preparing is the key to surviving any disaster. These websites can help you create a plan and prepare for emergencies.
www.ready.gov
www.redcross.org
www.usa.gov



Intersection Project To Go Out For bid



Submitted by Anne Niblett

The tribe's reconstruction of Kilkich's central intersection is going out to bid the first week of March.

The long-awaited project is on track thanks to a \$1 million award from the Federal Highway Administration Tribal Transportation Program Safety Fund. This money, combined with existing BIA Tribal Transportation Program funding, will cover the project's entire cost. Rebuilding the intersection where Mexeye Loop meets Miluk Drive in front of the Learning Center, will improve traffic flow and pedestrian safety.

The Assistant Executive Director of Project Management and Planning, Fauna Hill, said that contractors should be onsite setting up for work on May 15. The tribe hopes to complete the project this summer.

Kilkich traffic will be rerouted during construction to accommodate two lanes of traffic. Tribal member businesses wanting to bid on the project should look for more information in March's newsletter and next Monday's K'wen Weekly.

March Community Craft Night



When – March 14th from 5:30 p.m. to 7 p.m.

Where – Ko-kwel Wellness Center gathering space

We will be making cedar and floral smudge sticks.

Open to Tribal Members and Kilkich Residents 18+ only

To guarantee supplies for yourself, RSVP to
Alyssa Severson at alyssaseverson@coquilletribe.org.

or (541) 982-3351.



Polish up those dancin' shoes and get ready for the exciting musical extravaganza known as the South Coast Clambake Music Festival! The Clambake Music Festival features incredible music that ranges from traditional jazz to 50's rock, including swing, doo-wop, blues, big band and Zydeco! Dancers and music enthusiasts from up and down the West Coast visit each year as the Clambake Music Festival has developed a reputation as a favorite.



March 9 - 12
at
The Mill Casino
Tickets available at
www.eventbrite.com

Who was St. Patrick and why do we celebrate him?



St. Patrick's Day is celebrated annually on March 17, the anniversary of his death in the fifth century. Saint Patrick is the patron saint of Ireland and its national apostle.

The Irish have observed this day as a religious holiday for over 1,000 years. It falls during the Christian season of Lent. Irish families would traditionally attend church in the morning and celebrate in the afternoon. Lenten prohibitions against the consumption of meat were waived and people would dance, drink and feast on the traditional meal of Irish bacon and cabbage. As Irish immigrants spread out over the United States, cities developed their own traditions. One of these is Chicago's annual dyeing of the Chicago River green. Today, people of all backgrounds celebrate St. Patrick's Day, especially throughout the United States, Canada and Australia.

Although North America is home to the largest productions, St. Patrick's Day is celebrated around the world. Popular St. Patrick's Day recipes include Irish soda bread, corned beef and cabbage and champ. In the United States, people often wear green on St. Patrick's Day. Up until the 1970s, Irish laws mandated that pubs be closed on March 17. Beginning in 1995, however, the Irish government began a national campaign to use interest in St. Patrick's Day to drive tourism and showcase Ireland and Irish culture to the rest of the world.

THE IMPORTANCE OF WORKING SMOKE DETECTORS

A smoke alarm is critical for the early detection of a fire in your home and could mean the difference between life and death. Fires can occur in a variety of ways and in any room of your home. But no matter where or how, having a smoke alarm is the first key step toward your family's safety. Every year in the United States, about 2,000 people lose their lives in residential fires. In a fire, smoke and deadly gases tend to spread farther and faster than heat. That's one reason why most fire victims die from inhalation of smoke and toxic gases, not from burns. A majority of fatal fires happen when families are asleep because occupants are unaware of the fire until there is not adequate time to escape.

About two-thirds of home fire deaths occur in homes with no smoke alarms or no working smoke alarms. Properly installed and maintained smoke alarms are considered to be one of the best and least expensive means of providing an early warning of a potentially deadly fire.



It can reduce the risk of dying from a fire in your home by almost half.

KRA CORNER



Hey Kilkich Neighbors! Do you realize that because you live on the Kilkich Reservation you are automatically a member of the Kilkich Resident's Association?

The purpose of the Kilkich Resident's Association is to Build a Sense of Community and to Help Make Kilkich a Great Place to Live.

The KRA Board of Directors meets monthly on the 2nd Monday at 5:30 p.m. at the CIHA office and on Zoom. All Kilkich Residents are welcome and invited to attend.

In addition, we have several vacancies on the Board. If you think you might be interested in serving your community, come (or Zoom) to a meeting and check us out!

Our next meeting is March 13th at 5:30 p.m. We will be discussing changes to the KRA bylaws as well as any suggestions or concerns that you may have!

Hope to see you there!

If you have any questions or would like the Zoom link, call Rocky Doyle at (541) 290-1714.

Submitted by Rocky Doyle



ELDERS' FIRST SUNDAY SOCIALS

Submitted by Rocky Doyle

Over the past year the Coquille Indian Tribe Elders Committee has sponsored a number of social events for all Coquille and Kilkich Elders at Yaalaak Haws (the Elders House). These events have included celebrating St. Patrick's Day, Cinco de Mayo, Halloween, New Year's Eve, the Super Bowl, and Valentine's Day.

While planning to continue holding parties, the Elders Committee has also decided to sponsor Elders' Socials at Yaalaak Haws, 2606 Mexeye Loop, from 3:00 p.m. to 5:30 p.m. on the first Sunday of each month, starting March 5th. The purpose of these "Socials" are exactly that – an opportunity for Coquille and Kilkich Elders (55 years and older) to socialize, have fun, and build community. Participants will be encouraged to bring food and, perhaps, something they enjoy doing, such as a game or a craft.

Some First Sunday Socials might have a special theme or activity. For example, the April 2nd (Palm Sunday) FSS just might feature an Elders' Easter Egg Hunt!

"Hey! What's that you're putting in those plastic eggs you're hiding?"

Come and find out! You won't be disappointed!

Questions? Contact Rocky Doyle, Elders Committee Chair at paulrdoyle@yahoo.com or (541) 290-1714.