

Dec. 11, 2020

# Most CERP payments are in the mail

The tribal Finance Department has been working hard. At this point, they have mailed or deposited CERP payments to Elders, households with children, and those who live farthest away.

The only checks still to be processed and mailed are those for tribal members living in Oregon without children. Those should be in the mail by early next week.

## **COVID-19 vaccines**

The Coquille Indian Tribe expects to receive COVID-19 vaccine from the Oregon Health Authority by the end of December, though the date is not guaranteed.

The timeline for vaccine distribution is not firm, but the Pfizer and Moderna vaccines are scheduled for FDA emergency use approval Dec. 13 and 20.

The CIT will receive the Moderna vaccine. The Moderna vaccine is 94.5% effective at preventing COVID-19.

The Tribal Council will review a vaccine distribution plan the week of Dec. 14.

#### More information is available here.

Questions? Email **Kelle Little** or call her at (541) 888-9494, ext. 2217.

# Clinic will expand operations Thursday

The Community Health Center clinic at Kilkich, which has been partially shut down since a COVID-19 case was discovered last week, will resume some in-person services on Thursday, Dec. 16.

The expanded services will be much the same as they were before the shutdown. However, a larger proportion of medical appointments will be offered through telehealth, because Coos County is now categorized as an extreme risk area.

The current level of limited medical and pharmacy operations will continue through

Wednesday, Dec. 16. Until then, the pharmacy will be open, and COVID-19 testing will be available. But the clinic staff will assist patients only by telehealth, over the phone, or through the Patient Portal.

Non-clinic services of the Health and Human Services Department continue as usual.

If you have questions, please Melissa Lolo or Kelle Little at (541) 888-9494.

# Winter Gathering is set for Jan. 8-10

Winter is here and that means it's time for the tribal family to get together again. Even though the pandemic has made this a virtual event, there will still be fun activities to participate in such as language classes and tule weaving. See the full agenda below.

**Agenda** 

# Holiday on wheels

Tribal members, Kilkich residents, tribal staff, Head Start families and friends are invited to join the Christmas Car Parade on Saturday, Dec. 19, starting at 5:30 p.m.



**Details** 



# **Keeping up with Tribal Council**

The Tribal Council will hold a closed budget workshop Tuesday, Dec. 15, and an open workshop on Thursday, Dec. 17. A special council meeting is scheduled for Dec. 18. Details will be posted to MyTribe.

Nov. 19 Tribal Council meeting minutes

## **Construction update**

See the latest progress on the Ko-Kwel Wellness Center project.

**Details** 





# **Understanding pain**

Managing pain is a crucial element of maintaining your personal wellness. So the tribe is sponsoring a free online educational event, starting Sunday.

Dr. Kevin Cuccaro, a physician and consultant, will present "The Science of Pain Care" via Zoom on Sunday and Wednesday, Dec. 13 and 16.

#### **Details**

# Gather with others during COVID times

The Native Wellness Institute has received funding from Trauma Informed Oregon to facilitate some gatherings for Oregon tribal members and tribal people residing in Oregon to help move through grief and loss from COVID, to connect, share resiliency tools, etc.

There are four different gatherings this coming Friday evening and two sessions on Saturday, Please help us spread the word! The gatherings are FREE and door prizes will be offered.

**Gathering for young adults** 

**Gathering for tribal men** 

**Gathering for tribal women** 

**Gathering for native LGBTQ** 

# New marine habitats proposed

Several new marine conservation areas are being proposed in Coos and Curry counties. Public and tribal input is being sought.

Read about the public information session



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Dec. 18, 2020

## Benefits will continue in 2021

The Coquille Tribe's 2021 budget continues existing programs and services. But it also contains several significant changes in tribal spending.

**Details** 

**Want to know more?** The budget resolution and supporting documents can be found on MyTribe, as part of the Tribal Council's Dec. 18 agenda.

# **COVID** vaccine is on the way

The Tribal Council has established priorities for the tribe's first batch of coronavirus vaccine.

#### **Details**

**Want to know more?** The vaccine resolution and supporting documents can be found on MyTribe, as part of the Tribal Council's Dec. 18 agenda.

## **Travel benefit expands**

Temporary expansion of travel reimbursement benefits is available for expenses incurred between March 16, 2020, and February 12, 2021. These include reimbursement for delivery of groceries and services due to COVID-19 stay-at-home recommendations and orders.

<u>Look here</u> for more information and instructions on how to apply. You may also contact Mobility Coordinator Lauren Morris at <u>laurenmorris@coquilletribe.org</u> or (541) 888-9494, ext. 2251.

# See the new clinic, get a flu shot

You can visit the tribe's new Lane County clinic and get a flu shot on Tuesday, Dec. 22.

Already had your flu shot? Then just stop by for a tour.

**Details** 

# Clinic resumes in-person services

The Community Health Center Tribal Clinic at Kilkich has reopened for some in-person services. A larger proportion of medical appointments will continue to be offered through telehealth because Coos County continues to be categorized as an extreme risk area. COVID testing and Flu vaccinations are readily available.

Questions? Please call Melissa Lolo or Kelle Little at (541) 888-9494.

#### **Beware of COVID-19 scams**

Scam artists are working hard during the COVID-19 pandemic. Be alert to keep from getting stung.

**Details** 

#### **Local COVID rules escalate**

Starting today, Oregon's Coos and Curry counties are moving to the Extreme Risk level for COVID-19. (Lane, Jackson and Douglas counties already were classified as Extreme.) Moving to Extreme puts additional limits on gatherings.

**Details on risk levels** 

# **Car parade Saturday**

Join us at Kilkich for a Christmas car parade on Saturday afternoon. **Details** 



Text Link

# **Holiday closures**

All Coquille Tribal offices, including the Community Health Center clinic and pharmacy, will be closed on Dec. 24 and 25, and Jan. 1

**Health center details** 

## Rooftop wrangling

Ever see a flying air conditioner? Check out this week's Ko-Kwel Wellness Center Construction Update <a href="https://example.com/here-natural/length-natura

# Special council meeting Dec. 28

The Tribal Council has scheduled a special meeting at 10 a.m. Monday, Dec. 28. Watch MyTribe for the agenda.

# Welcome these new members

Five new members were added to the tribal roll today:

- Ira Landon Geist
- · Memphis Charles Geist
- Caleb Michael Matson
- Hunter Marcus Matson
- Haley Grace Woodell

Welcome!

# **Employment opportunities**

#### Youth outreach

The Northwest Portland Area Indian Health Board is accepting applications for a Healthy Native Youth Outreach Specialist. It's a full-time job full-time with benefits, and the salary is \$40,000 to \$45,000 depending on experience. Applicants may telecommute.

Closing date for applications is Jan. 1. The job posting and application can be found online at <a href="mailto:npaihb.org/careers">npaihb.org/careers</a>.

#### **Tribe relations**

The city of Portland wants to hire a Tribe Relations Associate. The salary is \$56,222 to \$102,773. Closing date for applications is Dec. 21. **Learn more about the opportunity here.** 

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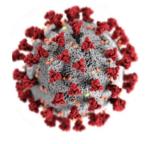


Dec. 23, 2020

## Tribe receives first batch of vaccine

The Coquille Tribe's first shipment of COVID-19 vaccine arrived this week. Vaccinations will start next week.

#### **Details**





# Stay vigilant

Even though vaccinations have begun, COVID-19 is still surging. We can't relax yet!

**More** 

# **Holiday closures**

All Coquille Tribal offices, including the Community Health Center clinic and pharmacy, as well as Yaalaak House, will be closed on Dec. 24 and 25, and Jan. 1.

**Health center details** 





# **Celebrate safely**

The safest way to celebrate winter holidays is at home with the people who live with you. Travel and gatherings with family and friends who do not live with you can increase your chances of getting or spreading COVID-19 or the flu.

#### Tips for reducing risk



# **Highs and lows**

Ceilings and floors are getting attention as work progresses on the Ko-Kwel Wellness Center. Our weekly Construction Update gives you the latest 4-1-1.

See it here

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# K'wen Weekly

Dec. 31, 2020



# Vaccinating begins

The Community Health Center is contacting Coquille Tribal Elders and spouses to begin scheduling vaccinations.

**Details** 

# There's an app for that

Before getting your shots, you need to download the v-safe app.

**Details** 

#### Want to know more?

The Coquille Tribal website has more information about our vaccination program.

See it here

### We'll be closed on New Year's Day

All tribal offices, including the Community Health Center, will be closed on New Year's Day.

Need health care in the meantime? Check here

# Welcome, new members

The Tribal Council approved enrollment of four tribal members last week. Please welcome:

- Seth Allen Lindsey
- Trinity Rose Lindsey
- Rafe Luther Moye
- Jaxxton Sky James Jimenez



# Visit the wellness center (virtually)

You can see for yourself how construction is going at the Ko-Kwel Wellness Center. This week's Construction Update features a new aerial video AND and a virtual tour inside the building. We're on schedule to open in June.

See it here

# **Opportunities**

- The Peabody Essex Museum in Massachusetts is seeking candidates for this summer's Native American Fellowship program. <u>Details</u>
- The Karuk Tribe in California needs a program manager for its Pikyav Field Institute.
   Details

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Jan. 8, 2021

# Winter Gathering commences today!

Welcome, tribal family, to the first formal gathering of the year!

Chairman Brenda Meade will give State of the Nation address at 4 p.m. today.

A General Council meeting begins at 8 a.m. Saturday via Zoom. See the full agenda and Zoom information below.

Please note that the Zoom link for Sunday has changed, and Chief Ivy's Social Justice talk has been postponed.

#### **Agenda and Zoom Info**



# Vaccines are being administered

Following the Tribal Council resolution for tiered access to the COVID-19 vaccine, the first 100 doses received by the Coquille Tribe continue to be administered. The Community Health Center staff has contacted tribal Elders, based on age and underlying health conditions, to schedule their first doses of the Moderna vaccine.

The CHC vaccinated 20 people on Jan. 7 and has 20 more people scheduled for Jan. 11 onsite in Coos Bay.

The CHC clinic staff will next be traveling to three outlying areas to vaccinate Elders and spouses.

#### **Details**

## **Cervical health awareness month**

A vaccine is available for cervical cancer.

**Details** 

# Personal protective equipment available

The tribe will hand out masks and bottles of hand sanitizer at the Kilkich Fitness Center next week. Make plans to come by while supplies last:

Tuesday, Jan. 12, 9 a.m. – 1 p.m.

and

Wednesday, Jan. 13, 1 p.m. – 5 p.m.

Please wear a mask and adhere to social distancing for everyone's safety. We hope to see you there. IF you need an alternative pick-up time or would like items mailed, please call the Community Health Center Executive Secretary Afton Libbet at (541) 888-9494, ext. 2212.

Questions? Please email Afton Libbett at <u>aftonlibbett@coquilletribe.org</u>, or Administrative Assistant Anna Chavez. <u>annachavez@coquilletribe.org</u>.

# No calendar this year

Sadly, we won't distribute a "Tribal Traditions" wall calendar for 2021. The calendar was one of the items eliminated from the tribe's 2020 General Fund budget as a result of COVID-related reductions.

# **Upcoming Tribal Council meetings**

The next Tribal Council meetings and workshops are scheduled for Jan. 12-14. Check out the agenda here:

**Agenda** 

## Wellness Center update

This week's Construction Update features good work going happening on the inside.

See it here

## **Opportunities**

The tribe is looking for a new Information Technology Director. <u>Details</u>

 A natural resources consulting firm called Mason, Bruce & Girard is hiring people with environmental science, biology, forestry and arborist credentials who can help with hazard tree assessment and debris removal efforts resulting from the wildfires experienced throughout Oregon. Tribal members are specifically encouraged to apply as much of the work will take place on tribal lands. More information about these positions can be found on their website. <u>Details</u>

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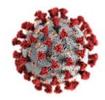


# K'wen Weekly

Jan. 15, 2021

#### Vaccinations enter Phase II

The Coquille Tribal Council approved a Phase II plan for expanding delivery of COVID-19 vaccines. **See details here.** 





# Can you pass the COVID quiz?

How much do you know about COVID-19 vaccines? The tribe's health-care team has developed an online review of vaccination facts. This informative quiz only takes three minutes.

**Knowledge test** 



# Wellness center races ahead

The Wellness Center is on track to be finished a whole month early.

**Details** 



### Government at work



If you love to read meeting minutes, today is your lucky day!

**Dec. 10 Tribal Council meeting** 

Dec. 18 Tribal Council special meeting

Dec. 28 Tribal Council special meeting

Jan. 9 General Council meeting

<u>lext Link</u>



# Envision the new year with the Wawa women

It's a new year and time for a fresh start. What would you like to create in your life this coming year? Join the women in the Wawa Sisterhood, via Zoom, at 3 p.m. PST Saturday, Jan 16.

We'll talk about empowering ourselves and creating a vision board. It's going to be fun!

Questions? Call Anne Niblett at (541) 808-5758, or look at the Wawa Facebook page for more information. This event is open to women and friends within the tribal community. Check out the flyer below.

Zoom link Details

# **Holiday closures Monday**

In observance of the Martin Luther King Jr. holiday, the tribal offices, clinic and pharmacy will be closed on Monday, Jan. 18.



Clinic details

#### Pam offers tai chi

Want to stay connected and in shape? Tribal spouse Pam Lenox is still offering tai chi classes three times a week.

If the weather is nice, she teaches in person at the Community Plankhouse plaza and via Zoom. If the weather is bad, she emails or texts people an hour ahead of time to let them know it will only be via Zoom.

Classes are 10 a.m. PST Monday and Wednesday and 9 a.m. PST Friday. All are welcome.

To get on the class email or text list, contact Pam at <u>pamelalenox@gmail.com</u>, or text her at (702) 722-4977.

Join Zoom Meeting here

Meeting ID: 836 0533 7843

Passcode: 298345

# New appointments and new members

The Tribal Council enrolled two new members on Jan. 14:

- Timber Scott Hargis
- Cedar Jackson Collins

The Tribal Council appointed new Chief Financial Officer **Kyle ViksneHil**l to replace the recently retired Mark Gagnon on several committees:

- Nasomah Health Group Board of Directors
- Ko-Kwel Wellness Center Decision Team
- Coquille Indian Tribe Investment Committee (as chairman)
- Coquille Indian Tribe Governmental 401(k) Plan Administrative Board

**Susan Thomas** was appointed to the Elders Committee.

Lindsay Middleton was appointed to the Tribal Investment Committee as a member at Large

**Brady Scott, Lyman B. Meade and Kristina Simpson** were appointed to the Natural Resources Committee.

# **Opportunities**

The Mill Casino Hotel & RV Park and other tribal businesses have jobs available.
 Interested? Contact Recruitment Specialist Quila Doyle at (541) 756-8800, ext. 2292, or (541) 217-2292. Or email <u>qdoyle@themillcasino.com</u>.

Job list

- The Northwest Portland Area Indian Health Board has an opening for a Finance Director.
   See the <u>job description</u> and <u>application</u>.
- The National Oceanic and Atmospheric Association is offering a summer internship to college freshmen interested in atmospheric and ocean sciences. Details.

## Memorial project seeks input

The Coos History Museum wants to create a memorial for the only known African-American lynching victim in Oregon history. Alonzo Tucker was lynched in Marshfield (now called Coos Bay) in 1902.

You can see more details **here** and listen to the upcoming **talk**.

To learn more about the museum's First Tuesday Talks, go here.

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# Food giveaway in February!

Thanks to the Willamette Action Collective, there will be another food distribution event at Kilkich.

#### **Details here**

# Clinic will be closed Monday morning

The Coquille Tribe's Community Health Center will be closed from 8 a.m. to 1 p.m. Monday, Jan. 25. The building's water will be shut off for utility work during that time.

Scheduled tests will be done at the Community Plankhouse. Scheduled patients will be seen virtually.

For emergencies, please go to the nearest hospital.

You also can call the 24-hour nurse line:

(844) 829-0166 for PRC patients (866) 883-4486 for Nasomah members

# Comments sought on tribe's new Health Division

The Tribal Council has approved a new Health and Wellness Division ordinance. Tribal members have until Feb. 22 to comment on the new ordinance before it is adopted into tribal law.

#### **Details**





## Wellness center is abuzz with activity

Painting and putting in new floors and security cameras are just some of the activities going on at the tribe's new Ko-Kwell Wellness Center.

#### **Details**



# **Upcoming Tribal Council action**

The Tribal Council has scheduled workshops and a formal meeting Tuesday through Thursday, Jan. 26-28.

Here's the schedule

# After 15 years, Yvonne Livingstone retires

Family Support Services Director Yvonne Livingstone is retiring after 15 years of service with the Coquille Indian Tribe. Her last day is Jan. 29, 2021.

Yvonne would like to say good-bye to all the families and individuals she worked with over the years. She wishes the best for every child and adult.

Throughout her career, she met with or spoken to most of the membership. She has watched children grow into adulthood and reserves a special place for all the tribal children in her memories.

It takes patience and a calm demeanor, along with humor and kindness, to stay in this line of work. Yvonne would like to express her gratitude to her colleagues who have helped her on this journey.

Future calls will be directed to Roni Jackson at (541) 888-9494, ext. 2219.



## **Money for Native artists**

The Native Arts and Cultures Foundation is pleased to announce its open call for two new award programs.



#### **Details**

# Nasomah schedules annual meeting

The Nasomah Health Group will hold its annual board meeting via Zoom from 6-7 p.m. PST on Tuesday, Jan. 26.

#### **Meeting details**

#### **Culture & Ed Committee needs members**

The Coquille Indian Tribe's Culture and Education Committee currently has three open positions. Two of these positions are Tribal Member at Large positions, and one is a student position. All Tribal members will be considered, however special consideration will be given to descendants of Old Whiskers, Chief John/Cissy Winkler and Washington Tom.

Committee Members provide input and feedback to the Tribal Council as well as the Culture and Education Department on a number of topics related to culture, archeological, historical and educational matters.

For more information about serving on committees, please see CIT Ordinance Chapter 144. If you are interested in serving on this Committee, please send a letter or e-mail of interest by February 23, 2021 to: <a href="mailto:eopinion@coquilletribe.org">eopinion@coquilletribe.org</a> or

Coquille Indian Tribe
Attn: Executive Management Coordinator
3050 Tremont Street
North Bend, OR 97459

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