

Coquille Indian Housing Authority

Volume 23, Issue 8

August 2020

Sea-Ha Runner

A fun and informative Newsletter for the Residents of the Kilkich Community



MONTHLY BILLING STATEMENTS CAN BE EMAILED TO YOU

Would you like your monthly billing statement delivered directly to your email? If so, please email Marcy at CIHA and let her know that you would

like to sign up for

paperless billing.

Please note the email address you would like your billing statement emailed to (if different from the email address you are emailing Marcy from).

Once you sign up, your next billing statement

will be emailed to you. You can cancel this service at any time. If you have any questions, please call the CIHA office at (541) 888-6501 or email Marcy at: marcychytka@coquilleiha.org



AUGUST CALENDAR

KRA Board Meeting via Zoom 10 at 5:30 p.m.

Renter Front Yard Makeover **Drawing Forms** Due by 5 p.m.

CIHA Board Meeting via Zoom 27 at 3:30 p.m.



RENTER FRONT YARD MAKEOVER FORMS ARE DUE BY MONDAY, AUGUST 24TH - ENTER TODAY!

There is still time to submit an entry form for the 10th Annual Renter Front Yard Makeover Drawing.

If you lease a low rent, single-family home from CIHA and are NOT living in a unit that has had a front yard makeover in the past,

you are eligible to enter the drawing.

- * There is no cost to enter
- * The winner will take part in the design of their new front yard
 - Renter agrees to maintain the new landscape in accordance with

Section 6 (K) of their Rental Lease Agreement

& Entries are due to CIHA by 5:00 p.m. on Monday, August 24th



Please call CIHA if you have any questions at (541) 888-6501.

Housing **Payment** Pick Up

Housing payment pick up is available for elders and persons with a disability. Please call the CIHA office to schedule this service. (541) 888-6501.



Many Oregon state parks and campgrounds have reopened for limited camping and day use. To view a statewide map of Oregon state parks and campgrounds, use the following link: https://stateparks.oregon.gov/index.cfm?do=visit.status.

Each park lists available services, current restrictions, and other useful information.



Coquille Indian Housing Authority

2678 Mexeye Loop Coos Bay, OR 97420

Phone: (541) 888-6501 Phone: (800) 988-6501 Fax: (541) 888-8266 daleherring@coquilleiha.org traceymueller@coquilleiha.org

Lawn Equipment Lending Program Guidelines

CIHA is currently loaning lawn equipment to Kilkich residents. Guidelines are listed below. If you have any questions, please contact CIHA at (541) 888-6501.

- Contact CIHA 24 hours in advance to schedule delivery of a lawn mower or a string trimmer.
- 2. Lawn equipment will be delivered within 24-48 hours depending upon equipment availability. You may keep the lawn equipment for up to 24 hours.
- 3. Lawn equipment will be sanitized prior to delivery.
- 4. After a resident's use, lawn equipment will be picked up and thoroughly sanitized before it is loaned out again.

PLEASE DO NOT LOAN THE LAWN EQUIPMENT TO ANYONE.

All equipment MUST BE sanitized between resident uses.

KEEP MOVING



Kids are home, pools are closed, social distancing is tough. Many of us wonder what to do.

The answer is KEEP MOVING; get up and move. If motivation is needed, why not get ready to participate in the FALL EQUINOX 10K? This is a non-event walk/jog/run that can be done in distances of 1 mile, 3 miles

(5K), or 6.2 miles (10K). The idea is to start around 10 A.M. on Saturday. September 19 at the Plankhouse and move together. No fees, no sign-up, no timer.

To prepare for this, Jan Doyle is leading an hour of stretching and walking every Saturday morning at the Plankhouse from 9 A.M. to 10 A.M. through Saturday. September 12.

Exercise, like all habits, begins with TINY STEPS. If you are out of the exercise habit, start by touching your toes 3 times every morning or walking to your mailbox every afternoon. The most important step is the first step, then just **KEEP MOVING.**

Submitted by Kilkich Resident Jan Doyle. Contact Jan by email, janhdoyle@gmail.com, or by phone, (541) 290-9948, for more information.

The CIHA office remains closed, but staff are available by telephone and email to assist with applications, income updates, scheduling work orders, and questions. There is a drop box to the left of the front door for paperwork and housing payments.

Appointments are available. To make arrangements to meet with a staff member, please call (541) 888-6501.

CIHA'S COMMON SCHEME RESTRICTION POLICY REGARDING PARKING

"All parking, other than in the driveway or garage, must be on the side of the street where the streetlights are and must NOT exceed 24 hours." Also, "No tent structure, camper, recreational vehicle, motorcycle, trail bike, snowmobile, boat, trailer, motor coach, or mobile home, or any structure of any kind shall be parked, placed, erected, or used upon the property."

Please adhere to the above guidelines. Parking violation notices will be sent out in September.

IF YOU ARE ISSUED A PARKING VIOLATION NOTICE, IT WILL COUNT AGAINST YOUR HOLIDAY CREDIT.

If you would like a copy of the policy or have questions, contact Dale at the CIHA office at (541) 888-6501.