



Coquille Indian Housing Authority



# Sea-Ha Runner

A fun and informative Newsletter  
for the Residents of the Kilich Community

Volume 21, Issue 8  
August 2018

## KRA Annual Community-Wide Garage Sale August 17<sup>th</sup> and 18<sup>th</sup>

The KRA community - wide garage sale will be held Friday, August 17<sup>th</sup> and Saturday, August 18<sup>th</sup>.



The garage sale will begin at 9:00 a.m. both days - rain or shine; expect early morning bargain hunters.

KRA will be passing out raffle tickets again this year (one ticket per day) to each household participating in the garage sale.



You must host your own garage sale at your unit to be eligible to receive a daily raffle ticket. If multiple families are holding their sale at the same address, only the 'resident' at the garage sale address will receive a raffle ticket.



Two winning tickets will be drawn sometime during the week following the garage sale.

The winners will each receive a \$25 gift card.

Please email KRA if you have any questions at: [kilichresidents@gmail.com](mailto:kilichresidents@gmail.com)

**NEED A DISPLAY TABLE?** Display tables are available on a first-come, first-served basis. Contact CIHA by Monday, August 13<sup>th</sup> to reserve a table at 541-888-6501.



**There is a two table limit per household. Tables will be delivered the week of the garage sale.**



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CIHA Office Closed	24

**12<sup>th</sup> Annual Bicycle Safety Rodeo**  
**Saturday, August 18<sup>th</sup>**  
**10 AM - 12 PM**  
**READ INSERT FOR DETAILS**

**Rez Runner's Program**  
**Mondays at 4 PM**  
**Thursdays at 11 AM**  
**July 16<sup>th</sup> - August 27<sup>th</sup>**  
**READ INSERT FOR DETAILS**

**Housing Payment Pick Up**  
**available for elders and persons with a disability.**  
**Call CIHA to schedule at 541-888-6501.**

**2018 Summer Food Service Program *Kids Eat Free* runs through Friday, August 31<sup>st</sup>.** Meals are currently being served at the Tribal Learning Center. Breakfast at 8:30 a.m.; lunch at 11:30 a.m. Contact Becky Cantrell, Sandi Belletto, or Laura Angulo at 541-888-7737 for more information.





### Dumpsters Will Be Here Soon!

Dumpsters Arrive Friday, Aug. 24<sup>th</sup>  
Dumpsters Leave Tuesday, Sept. 4<sup>th</sup>



Community dumpsters will arrive on Tribal Lands on Friday, August 24<sup>th</sup>. The dumpsters are for the exclusive use of the Kilkich residents.

**Items NOT allowed in the dumpsters include, but are not limited to, antifreeze, appliances, batteries, digital devices, electronics, glass, motor oil, paint, solvents, and tires.**

If you are unsure if an item can be discarded in the dumpster, please contact CIHA at 541-888-6501.

If you have items you no longer need or want, but don't want to throw them away, consider donating the items to a local thrift store or donation center. Thrift stores and donation centers accept household goods and clothing in sellable condition. Your donation is tax-deductible, helps people purchase household items at a reduced cost, and helps reduce the amount of waste going to the landfill.



Please recycle all recyclable material per the recycling guidelines posted on the recycling bin. Recycling helps conserve natural resources, reduces the need for landfill space, and helps to lessen pollution and greenhouse gas emissions. The Kilkich community recycling bin is located next to the Tribal Police Department at 2602 Mexeye Loop.

Recycle your computers, monitors, TVs, printers, keyboards, and mice at an Oregon E-Cycles location.

**Oregon E-Cycles is a FREE, easy, and environmentally responsible recycling program.**

Local collection sites include:

- ◆ Goodwill, 3698 Broadway Ave., North Bend, 541-269-9150;
- ◆ West Coast Recycling, 1210 S. Broadway, Coos Bay, 541-269-9212;

- ◆ Beaver Hill Disposal Site, 55722 Hwy. 101, Coos Bay, 541-396-7620.

**IMPORTANT!! Be sure to delete all personal information off of devices before recycling. For detailed instructions, log on to:**

<https://www.consumer.ftc.gov/articles/0200-disposing-your-mobile-device>

<https://www.consumer.ftc.gov/articles/0010-disposing-old-computers>

The SAFE Project, 541-756-7000, (formerly Women's Safety and Resource Center), located at 1681 Newmark Avenue in Coos Bay, is a donation site for cell phones *that can be charged in order to dial 911 (please donate phone with charging cord)*. The phones help women in crisis; used for emergencies only. Your donation is tax-deductible.

## Kilkich Residents Association August Meeting

KRA will meet on Monday, August 13<sup>th</sup> at 5:30 p.m. in the CIHA office.

All Kilkich residents are welcome and encouraged to attend the community meeting.



KRA would like to extend a sincere

**THANK YOU** to

every person who donated an item for this year's Silent Auction held during the Restoration Celebration.

The thank you also extends beyond the donating parties to everyone



who stopped by the KRA tables, placed a bid, won an item, or just monetarily donated to KRA through the 50/50 Raffle or the Pendleton Blanket Raffle.



Money earned from KRA fundraisers goes directly back into the Kilkich community through yearly gift card drawings, community improvement projects, youth scholarships, and other community needs.

Please email any questions or comments to KRA at: [killichresidents@gmail.com](mailto:killichresidents@gmail.com)





## Bumble Bees, Honey Bees, Yellow Jackets, and Paper Wasps

There are more than 4,000 species of bees in North America and nearly 20,000 globally.

Bees are one of the world's primary pollinators and without them humans and many other creatures would starve to death. If plants and flowers that require pollination aren't pollinated, new plant seeds and fruit aren't produced - it's that simple.

Many bee species are facing extinction due to habitat loss, intensive farming and pesticide use, climate change, and disease.

Every year more bees are added to the endangered species list.

Wasps and bees are close relatives. There are also many insects that 'look' like a bee or a wasp but are neither.

Bees tend to be hairy which aids them in gathering of pollen; wasps are devoid of all hair, skinny-waisted, and have long spindly legs. Bees are pollen eaters; wasps are meat eaters. Both visit flowers for nectar. Bees collect pollen for their young; wasps prey on insects to feed to their offspring. Here are a few of the bees we see in our coastal climate.

**BUMBLE BEES** - a docile bee, usually a distinctive color of black and yellow that lives in small colonies. Bumble bees buzz loudly and carry pollen moistened with nectar in specialized pollen baskets called corbicula. They are a close relative of the honey bee.



Bumble bees rarely sting, but will if threatened. Female worker bumble bees have a stinger and are capable of stinging multiple times. The male bumble bee has no stinger.

Bumble bees do not store food

(honey) to survive the winter and will die off at the end of summer.

New queens will hibernate during the winter and start a new colony in the spring.

**Check out this link for additional information:** <https://www.livescience.com/57509-bumblebee-facts.html>

**HONEY BEES** have black stripes with bands of amber to brown coloring and live in hives. There are three types of bees in the hive; a queen, worker bees, and drones. The queen runs the hive and lays eggs for the next generation. The workers are all female; they build and protect the hive. The drones are all male; their sole purpose is to mate with the queen. When the hive goes into hibernation for the winter, drones are kicked out and die.



Female honey bees have a stinger and will sting if they feel threatened. They die once they sting. Drones do not have a stinger.

Honey bees collect nectar and convert it to honey. The majority of the bee larvae in the hive eat honey, but larvae that are chosen to become future queens are fed with royal jelly. Royal jelly is a white secretion produced by young, female worker bees.

*AMAZING FACT: Honey is the only food that includes all the substances necessary to sustain life.*

**Check out this link for additional information:** [http://www.utahcountybeekeepers.org/fun\\_facts.html](http://www.utahcountybeekeepers.org/fun_facts.html)

**YELLOW JACKETS** are social wasps with black and yellow markings on the front of the head and yellow banding around the abdomen.



Yellow jackets are closely related to hornets.

Yellow jackets are common visitors to picnics and parks in the summer. They are attracted to meat, fruit, and sweet drinks. They live in large colonies/nests that are typically built in the ground or around houses.

Female yellow jackets can deliver a painful sting and can sting repeatedly due to their smooth stinger. They become protective if their colony is disturbed and will attack if someone approaches within a few feet of their nest.

In the fall, fertilized females leave the nest to seek a hibernation location; males and worker wasps die.

**Check out this link for additional information:** <https://www.clemson.edu/extension/beekeepers/fact-sheets-publications/yellow-jackets.html>

**PAPER WASPS** have red, yellow, or brown colored patterns on their back and have long legs and slender bodies. They build their water resistant nests of gray or brown papery material under roofs or eaves of a building from dead wood and saliva.



Unlike yellow jackets and hornets which can be very aggressive, paper wasps will generally only attack if they or their nest is threatened.

Paper wasps are 'social wasps' and are the most common type of wasp. In the fall, the females will search out an overwintering site; the rest of the colony dies.

**Check out this link for additional information:** <https://animalcorner.co.uk/animals/paper-wasp/>



## Coquille Indian Housing Authority

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## 10 Big Chain Stores That Will Secretly Match Amazon's Everyday Low Prices ...

Amazon has dominated retail for a couple of simple reasons ... it's cheap and convenient. A few major retailers have price-match policies that extend to products sold by Amazon, even though they don't promote it.

Bed Bath & Beyond Best Buy

Fry's Home Depot

JC Penney Joann

Lowe's Nordstrom

Staples Target



Each retailer has their own specific price-matching criteria that you will want to check out so you know what to ask for when asking for a price-match. Find the information directly by calling the retailer or look it up at this link: <http://time.com/money/5331544/stores-that-match-amazon-prices/>

*Information excerpted from online article at the link listed above.*

## Fall Gardening Class and Plant Sale

Saturday, August 11<sup>th</sup>

 **Lady Bug Landing**   
**Community Garden**  
**8<sup>th</sup> and Anderson**  
**in Coos Bay**

 **Plant Sale**   
**9 AM - 10 AM**

**Fall Gardening Class**  
**at 10 AM**

**Bring a chair**  
**and a hat!**



Would you like to borrow a lawn mower, weed eater, or a carpet shampooer?

CIHA has all of the above to loan. Contact the office, 24 hours in advance, at 541-888-6501 to request the equipment.

## August Community Events

### Weekly Farmer's Market

Every Wednesday through October

9 AM - 2 PM



Downtown Coos Bay



Farm fresh fruits, veggies, and more

Call 541-266-9711 for information



### Music on the Corner

Featuring local musicians



Every Friday through August 31<sup>st</sup>

12 PM - 1 PM

Vacant lot at 4<sup>th</sup> and Anderson, Coos Bay

Bring a chair, lunch, and a friend

Call 541-266-9706 for information

### 61<sup>st</sup> Annual

#### Kiwanis Salmon Barbecue

Sunday, August 5 - 10 AM - 3 PM

Bastendorf Beach County Park

Salmon Dinner - Adults \$15

Children 12 and under \$7

Call 541-290-1990 for information



### National Night Out 2018

Tuesday, August 7 - 5 PM - 8 PM

Ferry Road Park in North Bend

**FREE Food, Fun, Music, and Games**

Call 541-756-3161 for information



### 28<sup>th</sup> Annual

#### Charleston Seafood Festival

Friday, Saturday, and Sunday

August 10, 11, and 12

at the Charleston Marina

Call 541-266-9706 for information



### 36<sup>th</sup> Annual

#### Blackberry Arts Festival

Saturday, August 25 and

Sunday, August 26 on Central Avenue

in downtown Coos Bay

Call 541-266-9706 for information



### Household Hazardous Waste Collection Event on Saturday, August 25, 2018 - CALL TO MAKE AN APPOINTMENT

**WHEN:** Saturday, August 25, 2018, from 9:00 a.m. - 1:00 p.m.

**WHERE:** Beaver Hill Transfer Site, 1/4 mile south of milepost 253  
on Highway 101 between Coos Bay and Bandon

**PLEASE CALL TO MAKE AN APPOINTMENT: 541-396-7624**  
(Monday through Friday, 9:00 a.m. - 1:00 p.m.)

**You may NOT dispose of ammunition, asbestos, explosives, fireworks,  
medical waste, sharps, radioactive waste.**

For a complete list of accepted items and future events,  
call 541-396-7624 or log on to:

[www.co.coos.or.us/Portals/0/Solid%20Waste/hhw2018flyer.pdf?](http://www.co.coos.or.us/Portals/0/Solid%20Waste/hhw2018flyer.pdf?)

# REZ RUNNERS IS BACK!



## ***COQUILLE INDIAN TRIBE REZ RUNNERS PROGRAM***

Mondays @ 4:00 p.m. and Thursdays @ 11:00 a.m.

July 16th, 2018 - August 27th, 2018

Located on the Kilkich Community Loop

***Who is eligible:*** Enrolled Coquille Tribal children and youth eligible for the Coquille Indian Tribe Learning Center Youth Programs who are age 4-18.

For any Tribal youth that cannot join us on our run/walks on the Kilkich Community Loop but would still like to participate in the program and win prizes we invite you to fill out the activity tracking form.

Please return your tracking forms to Luke Clark at [lukeclark@coquilletribe.org](mailto:lukeclark@coquilletribe.org) or PO Box 3190 Coos Bay, OR 97420.

***Adults Can Join Too!!*** Parents & staff are invited to come support our youth and join the kids on the run/walk around the 1-mile Kilkich Community Loop.

Certificates and prizes will be handed out to the youth participants at the Back To School BBQ on August 30th at Sunset Bay State Park (Sunset Beach) located in Coos Bay.

If you have any questions please call the Coquille Indian Tribe Learning Center at 541-888-7737

Hope to see you there!!!



**The Police Departments  
of the  
Coquille Indian Tribe  
and the  
Confederated Tribes of the  
Coos, Lower Umpqua, and Siuslaw Indians  
present**



# **The 12<sup>th</sup> Annual Bicycle Safety Rodeo**

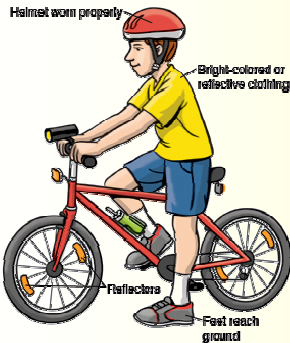
**Date:** Saturday, August 18, 2018

**Time:** 10:00 a.m. to 12:00 p.m.

**Location:** CIT Health Center and  
CIT Learning Center

**Bring:** Bicycle (or non gas-powered scooter)  
and a helmet

*MARK YOUR  
CALENDAR!*



*Kids of ALL ages are invited to participate!*

*Coast Guard families are invited to participate!*

**Activities will include:**

- Multiple safety courses
- Helmet fittings
- Safety overview presentation
- Off-road bicycle ride (for those interested)
- Bicycle registration



**PRIZES!**

*A sack lunch will be provided to all attendees.*

*Everyone is invited to participate in the off-road ride!*

*Various bicycle accessories (and more) will be given away as prizes.*

*ALL participants will be entered for the prize drawings.*



**The Bicycle Safety Rodeo  
is made possible by our sponsor:**



**Coquille Indian  
Housing Authority**

**For more information,  
contact Officer Merritt  
at 541-888-0189 or the  
CIT Learning Center  
at 541-888-7737.**