

Happy Valentine's Day

February 2018



Sea~Ha Runner

Coquille Indian Housing Authority



Volume 21, Issue 2

A fun and informative Newsletter for the Residents of the Kilkich Community

Dumpsters Arriving in Kilkich Community February 16th

Community dumpsters will be on Tribal Lands through Monday, Feb. 26th. The dumpsters are for the **EXCLUSIVE USE OF KILKICH RESIDENTS.**

Items NOT allowed in the dumpsters include, but are not limited to:

- antifreeze
- appliances
- batteries
- digital devices
- electronics
- motor oil
- paint
- solvents
- tires

If you are unsure if an item can be discarded in the dumpster, contact CIHA at 541-888-6501.

Please recycle items that

can be recycled. **Current recycling rules allow ONLY the following items in the recycling dumpster.**

- Brown corrugated cardboard - **flattened**
- Plastics #1 and #2 - **BOTTLENECK only**
No lids, yogurt, butter, cottage cheese, salad, etc. containers
- Magazines
- Newspapers - **clean**
- White copy paper - **NO colored paper, junk mail, envelopes**
- Metal cans - clean and rinsed; **NO lids or food residue**

Recycle your computers, monitors, TVs, printers, keyboards, and mice at

an Oregon E-Cycles location. **Oregon E-Cycles is a FREE, easy, and environmentally responsible program.**

Local collection sites:

- ◆ Goodwill, 3698 Broadway Ave., North Bend, 541-269-9150
- ◆ West Coast Recycling, 1210 S. Broadway, Coos Bay, 541-269-9212
- ◆ Beaver Hill Disposal Site, 55722 Hwy. 101, Coos Bay, 541-396-7620

Delete ALL personal information off of devices BEFORE recycling. Instructions at: <https://www.consumer.ftc.gov/articles/0010-disposing-old-computers>

February

Groundhog Day	2
KRA Board Meeting at 5:30 p.m.	12
Valentine's Day	14
Dumpsters Arrive	16
Presidents' Day - CIHA Closed	19
CIHA Board Meeting at 3:30 p.m.	22
Dumpsters Leave	26

Have an Old Cell Phone Lying Around? Donate Phone to Help Women in Crisis

The Women's Safety and Resource Center located at 1681 Newmark Ave., Coos Bay, 541-756-7000, accepts cell phones **that can be charged in order to dial 911.** The Center

provides phones to domestic violence victims so that they can access emergency services. Ideally, the phone should be donated with a charging cord.



Your donation is tax deductible as allowed by law.

IMPORTANT!!

Be sure to delete all personal information off of your cell phone before

recycling it.

For detailed instructions, log on to: <https://www.consumer.ftc.gov/articles/0200-disposing-your-mobile-device>



Groundhog Day is February 2nd

- ◇ Groundhog day falls on February 2nd every year.
- ◇ Groundhog day centers on the groundhog coming out of its home to 'predict' the weather.
- ◇ Groundhog day is an observance, not a public holiday.
- ◇ Traditionally, if the groundhog sees its shadow, it indicates six more weeks of winter. If it does not see its shadow, then spring is on its way.
- ◇ The official groundhog, Punxsutawney Phil, lives in Gobbler's Knob near Punxsutawney, Pennsylvania.
- ◇ Groundhog day was first observed in the U.S. in the 1800s when German immigrants settled in Pennsylvania. The groundhog was substituted for the badger as there were not many badgers in Pennsylvania at that time.



Excerpted from www.timeanddate.com/holidays/us/groundhog-day

Keep Your Family, Home, and Community Safe from Crime

Kilkich is a relatively safe community, but it is wise to be cautious and proactive when it comes to the safety of your family, home, and community.

1. **Keep the doors and windows to your home, garage, and car locked at all times.**
2. **If you see ANYTHING suspicious, report it to the Tribal Police immediately; 541-888-0189 or police dispatch, 541-269-8911. It is better to report activity that turns out to be nothing, than to not report a suspicious person or activity.**
3. **Do not let your children play outside unsupervised. Be safe; be proactive.**
4. **When walking at night, always walk with another person and wear visible/reflective clothing. Carry a cell phone in case of an emergency when possible.**
5. **Do not open your door to anyone you do not know. Teach your children the same precaution.**
6. **Do not advertise on social media the times when you will not be home. Ask a neighbor to keep an eye on your home when you are on vacation; let CIHA and Tribal Police know also.**
7. **ALL drug activity is illegal on Tribal Lands. Report any known activity to Tribal Police immediately.**

AARP Tax Aide Program FREE Tax Help and E-Filing

available to anyone with low to moderate income. Come to any of the tax-aid locations listed below and bring:



- Photo ID(s)
- 2016 tax return
- Social Security card(s)
- 2017 tax information

Schedule for February 1 through April 17, 2018

Bandon Bandon Senior Center 1100 11 th Street SW 541-347-4131	Tuesday and Saturday 9:30 a.m. - 11:30 a.m. Walk - In
Brookings Chetco Activity Center 550 Chetco Lane 541-469-6822	Tues., Wed., Thurs., Fri., and Sat. Afternoons Only Appointment Only
Florence Siuslaw Public Library 1460 9 th Street 541-997-3132	Monday and Thursday 9:30 a.m. - 2:00 p.m. Walk - In
Coos Bay/North Bend No known AARP tax aide site at the date of this newsletter printing AARP: 1-888-227-7669	Check AARP website for local tax aide site updates www.aarp.org/money/ taxes/aarp_taxaide/

KRA Meeting on Monday, February 12th

The Kilkich Residents Association usually meets on the second Monday of every month. The next KRA meeting is scheduled for Monday, February 12th at 5:30 p.m. in the CIHA office. All Kilkich residents are invited and encouraged to attend.



If you have an idea or concern you would like to present to KRA, but are unable to attend the meeting, please email KRA at: kilkichresidents@gmail.com

KRA also has a Facebook page at: www.facebook.com/groups/kilkich





Earthquakes, Tsunamis, Power Outages, Winter Weather ... Are You Ready?

A 7.9 magnitude earthquake, approximately 181 miles southeast of Kodiak, Alaska, struck in the early morning hours on Tuesday, January 23rd triggering a tsunami watch for coastal areas from southern Alaska to California. Luckily, the 'watch' did not become a 'warning' as the alert was canceled a few hours later.

The threat of a catastrophic event on the south coast is not new news. Neither is the fact that while the threat has been widely publicized and discussed and numerous earthquake and tsunami drills have been conducted over the last few years, many people are still not prepared. This is a rather alarming fact as **families should be prepared to take care of themselves for a potentially extended period of time after a major event** as emergency services will be strained. It may take weeks or months for outside resources to reach Coos County depending upon the earthquake/tsunami damage. If the bridges are too damaged to accommodate traffic, resources will not be able to reach Coos County by land. That is why **it is ESSENTIAL for the welfare of your family, and the community as a whole, that you are PREPARED.**

Preparation and practice are key to surviving a catastrophic event.

- Are you ready to evacuate at a moment's notice, wherever you are, if we had an earthquake, a tsunami warning, or other catastrophic event?
- Are you prepared for an extended power outage?
- Do you and every family member have an up-to-date 'go kit'?
- Have you and your family practiced an evacuation drill and discussed what to do in an emergency situation?
- Does every family member know where to meet as a group?
- Have you established a local primary point of contact and an out of the area contact?
- Are you familiar with the tsunami evacuation routes where you live? Where you work? Or wherever you may be? (Evacuation maps are available for the Coos Bay - North Bend area.)

Hopefully, you and your family are fully prepared and have practiced your evacuation and emergency plans; it may mean the difference between life and death as every second will count when disaster strikes.

If an earthquake were to happen here, a local tsunami could arrive in less than 30 minutes. Roads may be impassable; you may have to walk to higher ground.

Please read the insert in this newsletter to help you plan, prepare, and practice your disaster plan. There is also a large volume of information available on the internet about emergency preparedness.

www.ready.gov/build-a-kit

www.redcross.org/get-help/prepare-for-emergencies/be-red-cross-ready/get-a-kit

www.fema.gov/disaster/4085/updates/building-supply-kit-your-family

PREPARE - PLAN - PRACTICE
STAY INFORMED

MAKE A FAMILY EMERGENCY PLAN
KNOW WHAT TO DO IN AN EMERGENCY SITUATION



The State of Oregon is Holding Millions of Dollars in Unclaimed Assets

Oregon is holding millions of dollars in unclaimed assets - savings bonds, stock dividends, tax refunds, and uncashed checks. State law requires businesses and organizations to send all unclaimed funds to

the Department of State Lands if the owner cannot be contacted after a certain amount of time, usually three years. All unclaimed funds are held in Oregon's Common School Fund until claimed.

Check to see if the state is holding money or property that belongs to you, a family member, or your business.

https://oregonup.us/upweb/up/UP_landing.asp



Coquille Indian Housing Authority
 2678 Mexeye Loop
 Coos Bay, OR 97420
 Phone: 541-888-6501
 Phone: 800-988-6501
 Fax: 541-888-8266
 daleherring@coquilleiha.org
 traceymueller@coquilleiha.org

Happy Valentine's Day



Monthly Housing Payment Pickup
 Housing payment pickup is available for elders and people with disabilities. Call the CIHA office at 541-888-6501 during normal office hours to schedule a payment pickup.

34th Annual Charleston **CRAB FEED FUNDRAISER**

Great PRIZE Drawings!

Fresh Oregon Dungeness Crab Dinners

Credit Cards Cash or Checks

WHOLE or HALF CRAB
 Projected Price, subject to Market Price
 Whole Crab Dinner - \$20 | Half Crab Dinner - \$16
 includes salads, beans, bread, beverage & \$1 cake/pie desserts

SATURDAY | FEBRUARY 10, 2018
 11 AM TO 3 PM
 NORTH BEND COMMUNITY CENTER
 2222 Broadway Ave, North Bend 97459




At Pony Village Mall every Wednesday through April 25th from 10:00 a.m. until 2:00 p.m. Admission is FREE



Kindness is the language which the deaf can hear and the blind can see.
 ~ Mark Twain

Stop in and check out the Coos Bay Winter Market located in Pony Village Mall now in its third year. The Market is currently open Wednesdays through the end of April. Just a few of the fresh and fabulous items you will find at the Winter Market are locally grown fruits and vegetables, nuts, dried fruit, trail mixes, raw honey, artisan breads and rolls (and gluten-free breads), organic coffee and coffee beans and fresh coffee, freshly baked cheesecakes and other sweet delights, arts and crafts, food vendors and more!

Contact: Mike Lofrano, Manager
 541-679-0952, mdlofrano@gmail.com

FREE Hazardous Waste Collection February 24th

Beaver Hill Disposal site, located 1/4 mile south of milepost 253 on highway 101 between Coos Bay and Bandon, will be having a FREE Hazardous Waste Collection Event on Saturday, February 24th from 9:00 a.m. - 1:00 p.m.

CALL PRIOR TO EVENT TO MAKE AN APPOINTMENT
 Coos County Solid Waste Dept., 541-396-7624,
 Monday - Friday 9:00 a.m. - 2:00 p.m.

- ◇ Products should be left in their original container
- ◇ Label materials not in their original container
- ◇ Do not mix products together
- ◇ Make sure containers are properly sealed
- ◇ Transport products in a sturdy box/tub in your trunk/truck bed
- ◇ Please DO NOT put items in plastic bags



Acceptable items: aerosol spray products, antifreeze, art and hobby chemicals, ballasts, brake fluid, cleaning supplies, degreasers, engine cleaners, fluorescent tubes, furniture stripper, herbicides, pesticides, insecticides, gas cylinders, HID lamps, kerosene and oil, lead acid batteries, lighter fluid, mercury, motor or vegetable oil, paints, stains, shellacs, poisons, pool and spa chemicals, rechargeable batteries, rust remover, solvents and thinners, thermostats, thermometers, transmission fluid, turpentine, and wood preservatives.

Bring any of the acceptable items and they will be disposed of in a manner that is friendly to the environment.

Unacceptable items: ammunition, asbestos, explosives, fireworks, medical waste, sharps, and radioactive waste.

An Evening With **Elayne Boosler**
 Comedy Show

Saturday March 3
 6:00 p.m. and 8:00 p.m.

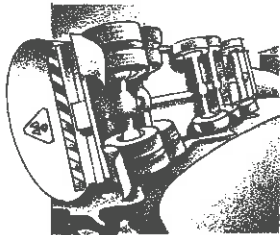
Don't miss the funny and entertaining Elayne Boosler. Elayne is best known for her thoughtful and feisty political humor. She is a comedian/writer/animal activist and has been named one of the 50 Best stand-up Comics of all time by Rolling Stone Magazine. Tickets are on sale now at Kō-Kwel gifts, 541-756-8800, ext. 9.
 \$20 General Admission
 \$15 Mill Club Members




Your Family Disaster Supplies Kit



Disasters happen anytime and anywhere. And when disaster strikes, you may not have much time to respond.

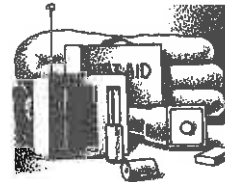


A highway spill of hazardous material could mean instant evacuation.



A winter storm could confine your family at home. An earthquake, flood, tornado or any other disaster could cut off basic services—gas, water, electricity and telephones—for days.

After a disaster, local officials and relief workers will be on the scene, but they cannot reach everyone immediately. You could get help in hours, or it may take days. Would your family be prepared to cope with the emergency until help arrives?



Your family will cope best by preparing for disaster *before* it strikes. One way to prepare is by assembling a Disaster Supplies Kit. Once disaster hits, you won't have time to shop or search for supplies. But if you've gathered supplies in advance, your family can endure an evacuation or home confinement.



To prepare your kit

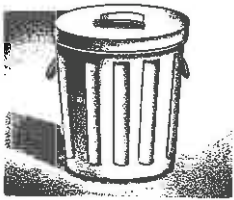
- Review the checklist in this brochure.
- Gather the supplies that are listed. You may need them if your family is confined at home.
- Place the supplies you'd most likely need for an evacuation in an easy-to-carry container. These supplies are listed with an asterisk (*).



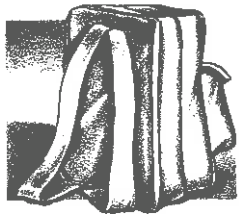
SUPPLIES



Here are six basics you should stock in your home: water, food, first aid supplies, clothing and bedding, tools and emergency supplies and special items. Keep the items that you would most likely need during an evacuation in an easy-to-carry container—suggested items are marked with an asterisk(*). Possible containers include



a large, covered trash container,



a camping backpack,



or a duffle bag.

Water

Store water in plastic containers such as soft drink bottles. Avoid using containers that will decompose or break, such as milk cartons or glass bottles. A normally active person needs to drink at least two quarts of water each day. Hot environments and intense physical activity can double that amount. Children, nursing mothers and ill people will need more.

- Store one gallon of water per person per day (two quarts for drinking, two quarts for food preparation/sanitation)*
- Keep at least a three-day supply of water for each person in your household.

Food

Store at least a three-day supply of non-perishable food. Select foods that require no refrigeration, preparation or cooking and little or no water. If you must heat food, pack a can of sterno. Select food items that are compact and lightweight.

*Include a selection of the following foods in your Disaster Supplies Kit:

- Ready-to-eat canned meats, fruits and vegetables
- Canned juices, milk, soup (if powdered, store extra water)
- Staples – sugar, salt, pepper
- High energy foods – peanut butter, jelly, crackers, granola bars, trail mix
- Vitamins
- Foods for infants, elderly persons or persons on special diets
- Comfort/stress foods – cookies, hard candy, sweetened cereals, lollipops, instant coffee, tea bags

First Aid Kit

Assemble a first aid kit for your home and one for each car. A first aid kit* should include:

- Sterile adhesive bandages in assorted sizes
 - 2-inch sterile gauze pads (4-6)
 - 4-inch sterile gauze pads (4-6)
 - Hypoallergenic adhesive tape
 - Triangular bandages (3)
 - 2-inch sterile roller bandages (3 rolls)
 - 3-inch sterile roller bandages (3 rolls)
 - Scissors
 - Tweezers
 - Needle
 - Moistened towelettes
 - Antiseptic
 - Thermometer
 - Tongue blades (2)
 - Tube of petroleum jelly or other lubricant
 - Assorted sizes of safety pins
 - Cleansing agent/soap
 - Latex gloves (2 pair)
 - Sunscreen
- Non-prescription drugs**
- Aspirin or nonaspirin pain reliever
 - Anti-diarrhea medication
 - Antacid (for stomach upset)
 - Syrup of Ipecac (use to induce vomiting if advised by the Poison Control Center)
 - Laxative
 - Activated charcoal (use if advised by the Poison Control Center)

Contact your local American Red Cross chapter to obtain a basic first aid manual.

Tools and Supplies

- | | |
|---|---|
| <input type="checkbox"/> Mess kits, or paper cups, plates and plastic utensils* | <input type="checkbox"/> Needles, thread |
| <input type="checkbox"/> Emergency preparedness manual* | <input type="checkbox"/> Medicine dropper |
| <input type="checkbox"/> Battery operated radio and extra batteries* | <input type="checkbox"/> Shut-off wrench, to turn off household gas and water |
| <input type="checkbox"/> Flashlight and extra batteries* | <input type="checkbox"/> Whistle |
| <input type="checkbox"/> Cash or traveler's checks, change* | <input type="checkbox"/> Plastic sheeting |
| <input type="checkbox"/> Non-electric can opener, utility knife* | <input type="checkbox"/> Map of the area (for locating shelters) |
| <input type="checkbox"/> Fire extinguisher: small canister, ABC type | |
| <input type="checkbox"/> Tube tent | |
| <input type="checkbox"/> Pliers | |
| <input type="checkbox"/> Tape | |
| <input type="checkbox"/> Compass | |
| <input type="checkbox"/> Matches in a waterproof container | |
| <input type="checkbox"/> Aluminum foil | |
| <input type="checkbox"/> Plastic storage containers | |
| <input type="checkbox"/> Signal flare | |
| <input type="checkbox"/> Paper, pencil | |

Sanitation

- Toilet paper, towelettes*
- Soap, liquid detergent*
- Feminine supplies*
- Personal hygiene items*
- Plastic garbage bags, ties (for personal sanitation uses)
- Plastic bucket with tight lid
- Disinfectant
- Household chlorine bleach

Clothing and Bedding

*Include at least one complete change of clothing and footwear per person.

- | | |
|--|--|
| <input type="checkbox"/> Sturdy shoes or work boots* | <input type="checkbox"/> Hat and gloves |
| <input type="checkbox"/> Rain gear* | <input type="checkbox"/> Thermal underwear |
| <input type="checkbox"/> Blankets or sleeping bags* | <input type="checkbox"/> Sunglasses |

Special Items

Remember family members with special needs, such as infants and elderly or disabled persons.

For Baby*

- Formula
- Diapers
- Bottles
- Powdered milk
- Medications

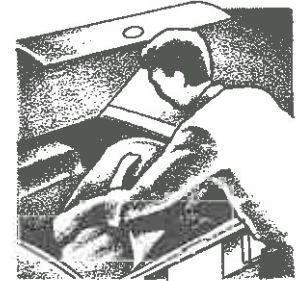
For Adults*

- Heart and high blood pressure medication
- Insulin
- Prescription drugs
- Denture needs
- Contact lenses and supplies
- Extra eye glasses

- Entertainment – games and books.
- Important Family Documents
Keep these records in a waterproof, portable container.
 - Will, insurance policies, contracts, deeds, stocks and bonds
 - Passports, social security cards, immunization records
 - Bank account numbers
 - Credit card account numbers and companies
 - Inventory of valuable household goods, important telephone numbers
 - Family records (birth, marriage, death certificates)

SUGGESTIONS AND REMINDERS

- **Store your kit in a convenient place known to all family members. Keep a smaller version of the Disaster Supplies Kit in the trunk of your car.**



- **Keep items in air tight plastic bags.**
- **Change your stored water supply every six months so it stays fresh.**
- **Rotate your stored food every six months.**
- **Re-think your kit and family needs at least once a year. Replace batteries, update clothes, etc.**
- **Ask your physician or pharmacist about storing prescription medications.**



CREATE A FAMILY DISASTER PLAN

To get started...

Contact your local emergency management or civil defense office and your local American Red Cross chapter.

- Find out which disasters are most likely to happen in your community.
- Ask how you would be warned.
- Find out how to prepare for each.

Meet with your family.

- Discuss the types of disasters that could occur.
- Explain how to prepare and respond.
- Discuss what to do if advised to evacuate.
- Practice what you have discussed.

Plan how your family will stay in contact if separated by disaster.

- Pick two meeting places:
 - 1) a location a safe distance from your home in case of fire.
 - 2) a place outside your neighborhood in case you can't return home.
- Choose an **out-of-state** friend as a "check-in contact" for everyone to call.

Complete these steps.

- Post emergency telephone numbers by every phone.
- Show responsible family members how and when to shut off water, gas and electricity at main switches.

- Install a smoke detector on each level of your home, especially near bedrooms; test monthly and change the batteries two times each year.
- Contact your local fire department to learn about home fire hazards.
- Learn first aid and CPR. Contact your local American Red Cross chapter for information and training.

Meet with your neighbors.

Plan how the neighborhood could work together after a disaster. Know your neighbors' skills (medical, technical). Consider how you could help neighbors who have special needs, such as elderly or disabled persons. Make plans for child care in case parents can't get home.

Remember to practice and maintain your plan.

The Federal Emergency Management Agency's Family Protection Program and the American Red Cross Disaster Education Program are nationwide efforts to help people prepare for disasters of all types. For more information, please contact your local or State Office of Emergency Management and your local American Red Cross chapter. Ask for "Your Family Disaster Plan" and the "Emergency Preparedness Checklist."

Or write to:

FEMA
P.O. Box 70274
Washington, D.C. 20024

Local sponsorship provided by:

FEMA L- 189
ARC 4463
Rev. March 1992



EARTHQUAKE • TORNADO • WINTER STORM • FIRE

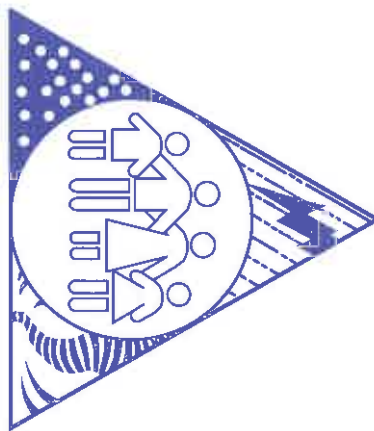
Federal Emergency
Management Agency



American
Red Cross



FAMILY EMERGENCY PREPAREDNESS



Your
Family Disaster Supplies Kit

HURRICANE • FLASH FLOOD • HAZARDOUS MATERIALS SPILL