



# Sea~Ha Runner

A fun and informative Newsletter  
for the Residents of the Kilkich Community

Volume 19, Issue 8  
August 2016



## KRA Annual Community-Wide Garage Sale August 5<sup>th</sup> and 6<sup>th</sup>



KRA Community - Wide Garage Sale	5-6
Donation Pick Up - Set Items at Curbside	8
KRA Board Meeting at 5:30 p.m.	8
10 <sup>th</sup> Annual Bicycle Safety Rodeo	13
CIHA Staff Training - CIHA Office Closed	25
Dumpsters Arriving	26

The KRA community-wide garage sale will be held Friday, August 5<sup>th</sup> and Saturday, August 6<sup>th</sup> this year. The garage sale will be advertised to begin at 9:00 a.m. both days - rain or shine.

All Kilkich residents are encouraged to host their own yard sale during the garage sale weekend. Earn some extra cash selling items you don't need, use, or want anymore. Expect heavy vehicle and foot traffic during the two-day sale.



The event will be advertised in the local newspapers and media; a large banner will be hung at the entrance to Tribal Lands announcing the two-day event.

**The Kilkich Residents Association (KRA) will hold a drawing again this year for all homes actively participating in the garage sale.**

Each day of the garage sale, a KRA member will visit each residence actively participating in the sale. Each residence will receive a raffle ticket - **one ticket, per day, per address.**

If multiple families are holding their sale at the same address, **only the resident at the garage sale address will receive a raffle ticket.**

**Two winning tickets will be drawn on Monday, August 8<sup>th</sup>; each winner will receive a \$25 prepaid VISA gift card.**



Please contact KRA Chair Rocky Doyle at 541-888-4910 or KRA Treasurer Carol Arzt at 541-662-1331 if you have any questions. Good luck with your yard sale!

## 10<sup>th</sup> Annual Bicycle Safety Rodeo on Saturday, August 13<sup>th</sup>

**Housing Payment Pick Up Available**

- \* For elders and persons with disabilities
- \* A CIHA employee will stop by your home to pick up your payment
- \* Contact CIHA at 541-888-6501 to schedule

The Police Departments of the Coquille Indian Tribe and the Confederated Tribes of the Coos, Lower Umpqua, and Siuslaw Indians present the 10<sup>th</sup> Annual Bicycle Safety Rodeo.

◆ **Saturday, August 13<sup>th</sup>**  
◆ **10:00 a.m. - 1:00 p.m.**

### ◆ CIT Health Center and Community Center



Bring your bicycle or non gas-powered scooter and a helmet. Activities will include safety courses, helmet fittings, safety overview, an off-road bicycle ride,

bicycle registration, and **PRIZE DRAWINGS!**

Participants will also receive a sack lunch. Contact Officer Merritt at 541-888-0189, Rachel LaFevre, BM2, USCG at 541-551-0753, or the CIT Community Center at 541-888-9494 for additional information.





## FREE PICKUP FOR DONATED ITEMS

*Thank you!*

### Please Place Your Donation Items in a Box or Bag (except large items)

If you have clean, gently-used items that you would like to donate to a local thrift store (perhaps items that did not sell in your garage sale) please place the items at the end of your driveway the morning of Monday, August 8<sup>th</sup>. Donations will be picked up sometime between 8:00 a.m. and 5:00 p.m.

Acceptable donation items include clothing, jewelry, household items, furniture, books, stuffed animals, toys and games, medical and exercise equipment, working appliances, collectibles and more.

**Broken, dirty, or items not likely to sell will not be picked up. All donations NOT picked up remain the**

responsibility and property of the donating party.

**Please recycle all recyclable items; a community recycling bin is located next to the Tribal Police office at 2602 Mexeye Loop.**



Please contact CIHA if you have any questions, 541-888-6501.



**Drum and Dance Practice**  
Wednesdays,  
6:00 p.m.  
at the Tribal Community Plankhouse.  
For more information, contact Lyman Meade, 541-297-5582.



Please obey the speed limit and be cautious when driving through the community. Kids are at play, riding their bikes, and may not be paying attention to their surroundings. Please drive slowly and safely.



**Kilkich Residents Association Meeting**  
The next KRA meeting will be held on Monday, August 8<sup>th</sup> at the CIHA office. The meeting begins at 5:30 p.m. All Kilkich community members are welcome and encouraged to attend. Contact KRA Board Chair Rocky Doyle at 541-404-4910 with questions.



**Dumpsters Will Be Here Soon!**  
Dumpsters Arrive Friday, August 26<sup>th</sup>  
Dumpsters Leave Tuesday, Sept. 6<sup>th</sup>

Community dumpsters will be arriving on Tribal Lands on Friday, August 26<sup>th</sup>. **The dumpsters are for the EXCLUSIVE USE OF THE KILKICH RESIDENTS ONLY.**

**Items NOT allowed in the dumpsters include, but are not limited to, antifreeze, appliances, batteries, digital devices, electronics, glass, motor oil, paint, solvents, tires, and any other questionable items.** IF you are unsure if an item can be discarded in the dumpster, please contact CIHA at 541-888-6501.

Please recycle all recyclable material (plastics, newspapers, magazines, tin cans,

etc.). A community recycling bin is located next to the Tribal Police Department at 2602 Mexeye Loop. Recycle your computers, monitors, TVs, printers, keyboards, and mice at an Oregon E-Cycles location. **Oregon E-Cycles is a FREE, easy, and environmentally responsible recycling program.** Local collection sites include: Goodwill, 3698 Broadway Ave., North Bend, 541-269-9150; West Coast Recycling, 1210 S. Broadway, Coos Bay, 541-269-9212; and Beaver Hill Disposal Site, 55722 Hwy. 101, Coos Bay, 541-396-7620.

The Women's Safety and Resource Center located at 1681 Newmark Ave., Coos Bay, 541-756-7000, accepts cell phones *that can be charged in order to dial 911*. These phone are used for emergencies only and help women in need. Your donation is tax deductible. Ideally, the phone should be donated with a charging cord.



**IMPORTANT!!**

**Be sure to delete all personal information off of devices before recycling. Detailed instruction is available at: <http://www.consumer.ftc.gov/articles/0200-disposing-your-mobile-device>**

## Languages and Endemic Plants - Ethnobotany of the Coos, Lower Umpqua, and Siuslaw Indians

The CIT Library is open from 8:00 a.m. until 5:00 p.m. Monday through Friday. Telephone number is 541-756-0904.

The CIT Library contains an extensive amount of information on the Coquille Indian Tribe and other Tribes of southwest Oregon. The Library also has a public computer for the use of Tribal members and Killich residents.

As you might imagine, the CIT Library has sources on the languages spoken by ancestors of today's Coquille Indian Tribe. A recent addition to the Library will teach you some Miluk, and Hanis, and also teach you about how the Coquille Tribe's ancestors used over 100 species of plants endemic to southwest Oregon.

*Ethnobotany of the Coos, Lower Umpqua and Siuslaw Indians* (CTCLUSI) is a new book by Patricia Whereat-Phillips, a Coos Tribal member, language expert and storyteller. While written about the CTCLUSI, many of the plants listed and were also used by ancestors of today's Coquille Indian Tribe.

Yes, this book is about the CTCLUSI but please remember that the Miluk language, included in this book, was spoken by ancestors of both tribes.

This book describes many endemic plants used by native peoples of southwest Oregon.

Information on the plants

include the parts used, how they taste, where to find them and, most importantly, what they were used for. Some plants were used for food, some for medicine and some for clothing.

It also emphasizes traditional languages and stories; no surprise considering the author's background.

The book's introduction talks about the three languages connected with the CTCLUSI:

Siuslaw, Hanis and Miluk. Each plant described in the book includes a translation into each of these languages. To help readers speak these words correctly, the book includes a pronunciation guide for the linguistic symbols used in these words to emulate sounds not used in the English alphabet.

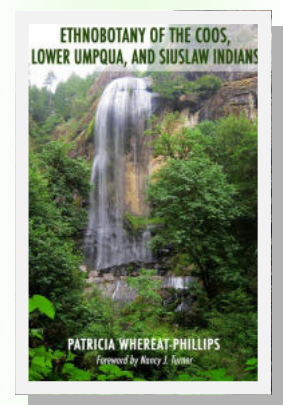
Entries include a description of the plant and how it was used. The translations are easy to find and with the guide, easier to pronounce than normal. Many entries will reference interviews with native

people who talked about how they used the plant.

In one example, a Tillamook man refers to Ash as being the best wood to make canoe paddles out of.

*Ethnobotany of the Coos, Lower Umpqua and Siuslaw Indians* is one of several resources at the Tribe's library that contains information on the traditional use of plants and the Miluk language. This book is the newest resource that contains information on both subjects.

The CIT Library currently has three copies of this book available for lending.



Submitted by  
Chris Tanner,  
CIT Librarian  
christanner@  
coquilletribe.org  
541-756-0904, ext. 1218



## Coquille Indian Housing Authority

2678 Mexeye Loop  
Coos Bay, OR 97420

(Phone) 541-888-6501  
(Phone) 800-988-6501  
(Fax) 541-888-8266

daleherring@coquilleiha.org  
traceymueller@coquilleiha.org



## Tips and Advice to Help You Stay Safe Online

### Keep a Clean Machine:

- ◆ Keep security software current.
- ◆ Automate software updates.
- ◆ Protect all devices that connect to the internet (smartphones, gaming systems, and other web-enabled devices).
- ◆ Plug and scan USBs (they can be infected with viruses).



### Protect Personal Information:

- ◆ Make your password a sentence at least 12 characters long (use something easy to remember, e.g. "Ilovehappydogs").
- ◆ Separate passwords for each of your online accounts is best; at a minimum, separate work and personal accounts and have STRONG passwords for critical accounts.
- ◆ Write your passwords down and keep them in a safe place away from your computer.
- ◆ Set privacy and security settings on websites to your comfort level for information sharing.

### Connect With Care:

- ◆ When in doubt, throw it out - **links in email, tweets, posts, and online advertising are often how cybercriminals steal your personal information.** Even if you know the source, if something looks suspicious, delete it; it is better to be safe.
- ◆ Get savvy about Wi-Fi hotspots; limit the type of business you conduct and adjust the security settings on your device to limit who can access your machine.
- ◆ Protect your \$\$; when banking or shopping online, be sure the site is "**https://**"

secure, meaning the site takes extra measures to secure your information; **http://** is NOT secure. **https://** [www.bankofamerica.com](http://www.bankofamerica.com) is an example of a secure site.



### Be Web Wise:

- ◆ Stay current with the latest ways to stay safe online. Technology changes quickly and cybercriminals are always finding new "open windows of opportunity".
- ◆ Be wary of communications that implore you to act "immediately", offer something that sounds too good to be true, or asks for your personal information.
- ◆ Back up your digital information often and store it safely.



### Be a Good Online Citizen:

- ◆ What you do online has the potential to affect the people you communicate with electronically and beyond; practicing good online habits benefits the global digital community.
- ◆ Post only about others as you would have them post about you.
- ◆ Help the authorities fight cybercrime and **report** stolen finances or identities and other **cybercrime** to the Internet Crime Complaint Center, <https://www.ic3.gov>, and to your local law enforcement or state attorney general, as appropriate.

**Practice  
STOP.THINK.CONNECT.  
and encourage others  
to do the same.**

*Excerpted from  
[www.staysafeonline.org](http://www.staysafeonline.org)*

### 2016 59<sup>th</sup> Annual

#### Kiwanis Salmon Barbecue

Sunday, August 7, 10:30 AM - 3:30 PM  
Bastendorf Beach Park  
Salmon Dinner - Adults \$14  
Children 12 and under \$7  
Call 541-756-1282 for information

### 2016 National Night Out

Tuesday, August 2, 5 PM - 8 PM  
Ferry Road Park in North Bend  
FREE Food, Fun, Music, and Games  
Call 541-756-3161 for information

### 2016 27<sup>th</sup> Annual

#### Charleston Seafood Festival

Saturday, August 13, 10 AM - 6 PM  
Sunday, August 14, 10 AM - 6 PM  
Boat Basin in Charleston  
Call 541-888-2311 for information

### 2016 Music On The Bay

#### FREE Music Concerts Every Tuesday

August 23 through September 27  
Tuesdays, 7 PM - 9 PM, Mingus Park  
Call 541-269-0215 for information  
<http://musiconthebayoregon.com>

### 2016 34<sup>th</sup> Annual

#### Blackberry Arts Festival

Saturday, August 27, 9 AM - 6 PM  
Sunday, August 28, 10 AM - 4 PM  
Downtown Coos Bay  
Call 541-269-0215 for information

### 2016 13<sup>th</sup> Annual

#### Mill-Luck Salmon Celebration

Saturday, September 10, 10 AM - 6 PM  
Sunday, September 11, 10 AM - 6 PM  
The Mill Casino · Hotel  
Call 541-756-8800 for information