



# Sea~Ha Runner

A fun and informative Newsletter for the Residents of the Killich Community

Volume 16, Issue 10

October 2013




## LIHEAP

Low-Income Home Energy Assistance Program



LIHEAP is a federal program established in 1981 and funded annually by Congress through the Department of Health and Human Services.

LIHEAP offers financial assistance to qualifying low-income households to help pay heating or cooling bills. Both homeowners and renters are eligible for LIHEAP. **The LIHEAP payment is made directly to the energy provider.**

The amount of financial assistance a household receives from LIHEAP is based on household size and income, documented energy costs, and other factors.

Under federal law, to be eligible for assistance, the total household income must be at or below 60 percent of Oregon's median income and have documented energy costs.

CIHA will begin scheduling intake appointments for LIHEAP beginning **October 1, 2013.**

Documentation required in order to process your application:

- Names and Social Security numbers of all household members.
- Proof of gross household income for the last 3 months. (Household income includes, but is not limited to, wages, unemployment, pension, Social Security, TANF, disability payments, etc.)
- The most recent copy of your power bill.

If you have any questions or would like to make a LIHEAP appointment, please call the CIHA office at 541-888-6501.



### 60% SMI for PY2014

# in HH	Annual Income
1	\$21,706.88
2	\$28,385.92
3	\$35,064.96
4	\$41,744.00
5	\$48,423.04
6	\$55,102.08
7	\$56,354.40
8	\$57,606.72
9	\$58,859.04
10	\$60,111.36

## CIHA'S Fee Schedule Changes on October 1, 2013

The CIHA Board recently approved new CIHA maintenance rates. These rates will become effective October 1, 2013. All rates are charged per hour with a one hour minimum.

General Repair Labor Rate	\$42.75
Garbage Clean-Up	\$42.75
Lawn Maintenance	\$42.75
Lock Changes	\$42.75
Service Call for No Key	\$42.75

### October Calendar

KRA Meeting at 5:30	14
CIHA Board Meeting at 3:30 p.m.	TBD
Halloween	31



From This Day Forward

Coquille Tribal member Caleb Burns and Natasha Martin were married on Sunday, July 21, 2013 at the Coquille Indian Tribe Community Plankhouse. A large number of family and friends gathered to witness and celebrate their beautiful wedding ceremony.


Parents of the groom are Kilkich residents Luke and Tanya Clark, siblings are Jordan and Desireé.

Parents of the bride are Gary and Joni Martin.

Caleb and Natasha Burns are Kilkich community residents and are expecting their first child!

*Congratulations, Caleb and Natasha!*

**Lost and Found**

 A set of keys were recently turned in to the CIHA office. The keys were found at the Kilkich playground. To claim the keys, please call the CIHA office at 541-888-6501 and identify the keys.

**Rent Check Pick Up**

If you are an elder or a person with a disability and it is difficult for you to come to the CIHA office to make your housing payment, please call the CIHA office at 541-888-6501; a staff member will stop by and pick up your housing payment.



**VANDALISM ON TRIBAL LANDS**

Vandalism continues to be a problem on Tribal Lands. The latest incident involved plants being torn out of the Kilkich community garden beds. It is sad and unfortunate as the gardeners spent valuable time and energy planting their garden beds only to have their summer harvest ruined. The Plankhouse has also been a target of vandalism as have other areas throughout the Kilkich community.

If you witness anyone in the act of vandalism, violence, or any illegal activity, please contact the Tribal Police **IMMEDIATELY** at **541-269-8911**.

If you have any information regarding the ongoing and recent vandalism, please contact the Tribal Police. Security cameras are being installed throughout the Kilkich community for the safety of the residents. Any person involved in any illegal activity or vandalizing property **WILL BE PROSECUTED**.

Please do your part to help keep YOUR community and family safe and respect the beautiful Tribal Lands on which you live.

**HELP STOP CRIME IN YOUR COMMUNITY!**

**REPORT CRIMINAL ACTIVITY: 541-269-8911**

## Interesting Editorials and Internet News Sites



2013 is an off election year, but that certainly doesn't mean there aren't some exciting political based stories out there.

Who becomes the next mayor of New York City may not have a direct impact on members of the Kilkich community, but it does make for a unique, and sometimes adult-themed, form of entertainment. And there is always the chance that one or the other candidate may express a view of their state's relation with New York based Tribes that may, or may not, make your ears turn red. That being said, here are a couple of editorials regarding Tribes in New York. One regards the pros and cons of tribe-owned casinos and one discusses recent actions taken by the state of New York that are having an impact on tribal businesses.

**1. Can Indians Move Beyond Casinos?** An editorial appearing in the June 24, 2013 New York Post: <http://nypost.com/2013/06/24/can-indians-move-beyond-casinos>

**2. New York's Attack on Tribal Lenders Is a Threat to All**

**Natives.** This editorial appeared in Indian Country Today regarding New York's efforts to have online lending businesses stop making loans to New York residents: <http://indiancountrytodaymedianetwork.com/2013/08/25/new-yorks-attack-tribal-lenders-threat-all-natives>

The Library's collection includes copies of the newspapers of several Oregon based Tribes including the Confederated Tribes of Siletz Indians, The Confederated Tribes of Grand Ronde, The Klamath Tribes, and the Confederated Tribes of Warm Springs. Many of these papers are also available to read for free on the Internet. The CIT Library web page provides links to several on-line versions of these newspapers at <http://www.coquilletribe.org/coquille-indian-tribe-library.htm>.

The Library also maintains subscriptions to the Oregonian, The Register Guard, and several local and regional periodicals.

The links to news organizations on the web truly provide a massive range of information on topics of interest related to

tribes and tribal members.

Indians.com ([www.indians.com](http://www.indians.com)) is an online-only news site providing coverage for the entire western hemisphere with stories of interest regarding First Nations of Canada, Native American communities in the U.S., and Indigenous groups from Mexico and countries in Central and South America. Their page includes sections covering hot topics, which currently includes the Baby Veronica custody battle amongst other stories, and sections dedicated to Indian gaming and employment opportunities in Indian Country.

The Native News Network ([www.nativenewsnetwork.com](http://www.nativenewsnetwork.com)) is a similar web-only news site providing stories of interest from multiple sources. Stories and related information and resources are organized into distinct categories including News Briefs, Analysis & Opinion, Issues Unique to Native Americans, Health and Wellness, and Entertainment with information on books, art, sports, film, and theatre.

Submitted by:  
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### Coos Bay Farmer's Market Winding Down for the Season

The Coos Bay Farmer's Market will be open every Wednesday and Sunday from 9:00 a.m. until 3:00 p.m. through the end of October. Vendors still have fresh fruits

and vegetables, baked goods, flowers, plants, nuts, honey, jams and jellies, craft items, and much more.

Call 541-266-9706 for more information.



## Coquille Indian Housing Authority

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Coos Bay, OR 97420

Phone: 541-888-6501

Phone: 800-988-6501

Fax: 541-888-8266

daleherring@coquilleiha.org

traceymueller@coquilleiha.org



## 2013 Annual Nasomah Wellness Fair

The 2013 Nasomah Annual Wellness Fair is scheduled for Tuesday, October 22<sup>nd</sup> from 7:30 a.m. until 3:00 p.m. at The Mill Casino · Hotel in the Salmon Rooms. The Fair provides an opportunity to learn about available health services that can help maintain long-term wellness. Tribal members, Tribal employees, and Kilkich residents are welcome and invited to attend the Wellness Fair.

The Fair will host a variety of exhibitors who will be providing valuable information and resources, as well as providing assessments regarding various aspects of your health.

The Fair will include:

- Raffle prizes, including a kayak and a bike from Moe's
- Free 5-minute massages
- Blood-glucose and blood pressure testing
- Vision testing
- Body fat testing
- Flu shots
- Yoga instructors
- Naturopathic Medicine
- Information on tobacco cessation
- Emergency Preparedness
- Friends of Coos County Animals
- Women's Health Coalition
- Park Avenue Dermatology
- South Coast Hospice
- Bay Area Foot Clinic
- AFLAC
- Costco
- Aging and People with Disabilities Services
- Umpqua Coastal Housing Center/Neighbor Works, and much more



Health  
&  
Wellness



For more information on this event, contact Denise Stuntzner, LCSW Nasomah Wellness Program Coordinator, 541-751-0940, ext. 2.

# Mahaffy Ranch Pumpkin Patch



10362 Highway 241

Coos Bay

541-269-3900

mahaffyranch@gmail.com

<http://mahaffyranch.com/>



Mahaffy Ranch Pumpkin Patch opens Friday, September 27<sup>th</sup> and will be open through Thursday, October 31<sup>st</sup>.

Mahaffy Ranch offers many family friendly, fun, fall activities in a beautiful, rustic, harvest setting.

Activities include:

- Pick your perfect pumpkin from the large pumpkin patch or from already picked pumpkins
- Tractor-pulled hay rides
- Face painting
- Picture boards
- Farm animals
- Harvest store
- Barbeque



- Picnic areas
- Corn maze
- Corn cannon
- Refreshment stand
- Restrooms
- School field trips may be scheduled
- Wheelchair accessibility



Directions: Highway 101 south through Coos Bay; east on Highway 241, approximately 13 miles; follow signs to Alleghany. The Ranch gate is across the road from the Alleghany Post Office and Community Center. Check out the website for a list of events and current business hours.

## Queen-Size, Pillow Top Mattresses from The Mill Casino · Hotel Available

The Mill Casino · Hotel has donated seven, queen-size pillow top mattresses to CIHA.

These mattresses are gently-used and **DO NOT** come with a set of box springs.

The mattresses are available to Kilkich community residents and CIHA program participants.

If you are in need of a mattress, please call CIHA at 541-888-6501.

One mattress per household.

The mattress does **NOT** come with a set of box springs - **MATTRESS ONLY**.



Mattresses will be given away on a first come, first served basis.