

Sea~Ha Runner

A Fun and Informative Newsletter for the Residents of the Kilkich Community

March 2011
Volume 14, Issue 3

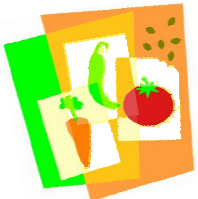


Kilkich Organic Community Garden



- Do you enjoy fresh garden vegetables? Would you like to grow your own?
- Are you interested in a gardening plot in the Kilkich Organic Community Garden?

If so, please attend the next Kilkich Residents Association meeting on Monday, March 14, 2011. Bryan Duggan, the Tribe's Water and Environmental Specialist, will be presenting information on the Kilkich Organic Community Garden. KRA will be forming work groups and making plans for the upcoming spring planting.



The Kilkich Residents Association meets at the CIHA office. A light dinner will be provided before the meeting at 5:30 p.m. The one-hour meeting begins at 6:00 p.m.



CIHA Calendar

Daylight Saving Time Begins	13
KRA Dinner Meeting at 5:30 p.m.	14
St. Patrick's Day	17
Elders Honor Days	18-19
First Day of Spring	20
CIHA Board Meeting at 4:00 p.m.	24

Coquille Indian Housing Authority 1st Annual Renter Front Yard Makeover Contest

All entries have been received for the 1st Annual Renter Front Yard Makeover Contest. The drawing to determine the winner will be held at the next Kilkich Residents Association meeting scheduled to be held on Monday, March 14, 2011, at 6:00 p.m.

The winner will be announced in the April edition of the Sea~Ha Runner newsletter.





Babies... Babies... Babies and such sweet, beautiful girls!



Keeli Deanne Simpson

7 pounds, 2½ ounces, 20 inches

Congratulations to Josh and Margaret Simpson on the birth of their daughter, **Keeli Deanne Simpson!!!**

Keeli was born January 18, 2011, weighed 7 pounds, 2 ½ ounces, and was 20 inches long.

The proud grandparents are Lewis and Trudy Simpson and Kelly and Kippy Robbins!!!

Keeli's sister Keisha is very happy her sister is finally here!!



Congratulations to Ivan Perez and Becky Cantrell on the birth of their daughter, **Lilyahna Naomi Perez!!!**

Lilyahna was born January 31, 2011, weighed 8 pounds, 7 ¾ ounces, and was 20 inches long.

Lilyahna joins her sister Samantha and brother Jonathan.

Lilyahna Naomi Perez

8 pounds, 7¾ ounces, 20 inches



A sweet new blossom of humanity.

Child rearing myth #1:
Labor ends when the baby is born.

Children are a handful sometimes, a heartfull all the time.



The Recycling Container Has Been Moved

The Kilkich community recycling container has been moved from the Community Center to the gravel lot next to the Tribal Police office.

The recycling container accepts the following materials:



Newspapers
Plastic Recyclable Containers

Magazines
Aluminum/Tin Cans



Cardboard



NO GARBAGE PLEASE

Please recycle and help keep the community beautiful!

LIEAP

- Have you signed up for Low Income Energy Assistance yet?
- Energy assistance is available for low-income families to assist them with their home energy expenses.
- Households at or below 60% of the Oregon state median income level are eligible for LIEAP.
- It is not too late, appointments are still being scheduled.
- Call 541-888-6501 to schedule a LIEAP appointment.



Vandalism

Vandalism is defined as “deliberately mischievous or malicious destruction or damage of property: e.g. *vandalism of public buildings*”.

While the Kilkich community is a safe place to live, there have been recent reports of vandalism. For the safety of all residents, please be alert for any activity out of the ordinary in the community and report ALL suspicious people, circumstances, and vandalism immediately.

If you witness criminal activity or behavior, please contact the Tribal Police dispatch at 541-269-8911. If it is an emergency, please dial 911.

Please help keep our community safe

May we pick up your housing payment?

If you are an elder or a person with a disability, and it is difficult for you to come to the CIHA Office to make your housing payment, please call the CIHA office at 541-888-6501.

A staff member would be happy to stop by and pick up your payment.

Diabetes Prevention Program



Are you frustrated in your efforts to lose weight?
Are you at risk for Diabetes?

We've all joined programs, attempted "quick fix" diets, and bought the latest fad diet books. Sure, these methods work for a while, but if you haven't changed your habits and behaviors, you'll soon lose interest, quit the program, and gain back any weight you have lost.

The Diabetes Prevention Program is designed to help you overcome obstacles and make lifestyle changes that enable you to make healthy lifestyle choices through healthy eating and physical exercise.

What's more, this program is "designed for you".

All Native American Kilkich residents over the age of 18 are eligible to participate in the Diabetes Prevention Program.

Want to know if you are at risk for developing DIABETES?
Call Gail to schedule your blood sugar test and put your name in a drawing for a \$25 Nutrition Card from Albertsons.

Prevent Diabetes!

Call Gail Accinelli today to schedule an appointment; 541-888-9494, ext. 20216.



3rd Annual Cultural Adventures!



Spring Break: March 21, 22, & 23, 2011

The Education Department invites all Tribal and Kilkich youth between the ages of 8 and 18 to please join us at the Plankhouse for three days of fun activities including:

- *Maple bark skirts
- *Language games
- *Hiking Tribal Lands
- *Identifying native plants
- *Stick game
- *Digging, cooking, and eating clams



Elders are Welcome!

Monday	March 21	8:30 a.m. to 1:00 p.m.
Tuesday	March 22	8:30 a.m. to 1:00 p.m.
Wednesday	March 23	8:30 a.m. to 3:00 p.m.

Bring boots if you have them.



Snacks and lunch provided on all days.

Please be sure to wear sturdy shoes ... no sandals!

Please call Linda Mecum or Rhonda Ferguson at 541-756-0904 if you have questions.

Education Center and Library

Recently Published Books at the CIT Library



Submitted by:

Chris Tanner, Librarian

541-756-0904, 10218

christanner@coquilletribe.org

The First Oregonians is a collaborative project between the Oregon Council of the Humanities (OCH) and Oregon Indian Tribes. Many Tribal members are familiar with the first edition of The First Oregonians. The book is a collection of essays written by members and associates of the nine federally-recognized Tribes in Oregon (note: part of the Confederated Tribes of the Umatilla Indian Reservation is located in Washington.) This edition provides updates to these essays and expands the amount of information they contain. The updated essay on the Coquille was written by Tribal member George Wasson.

Oregon Indians, Voices From Two Centuries. Compiled by former Coos Bay resident and historian Stephen Dow Beckham, the book is a collection of essays about Oregon Indians, and in most cases written by Indians, telling their story from their perspective. The book covers over 200 years of history starting with "first encounters" between natives and settlers and ending with the experiences of Termination of the 1950's, Restoration efforts of the 1970's and 1980's, and discussions on issues of concern to restored Tribes.

Printed below are quotes from each book.

"The origin of the name 'Coquille' has long been uncertain. However, the traditional pronunciation has been well documented by early ethnographers. Many Tribal members (including this writer) grew up among old-timers who would accept no other pronunciation. It has been declared by early residents of the area that the accepted spelling was 'Coquelle' until sometime in the early 1900's, when a group of white businesspeople launched a campaign to change the spelling to the French form, 'Coquille.' Bess Finley Wasson recalls that in the early 1900's when she was a girl, a group of city supporters organized an annual civic event they called the Kokeel Korn Karnival." George Wasson, Memory of a People: The Coquelles of the Southern Oregon Coast, The First Oregonians 2nd ed.

"The last three decades of the twentieth century were a turning point for the tribes of Oregon. Most of the terminated tribes gained restoration through acts of Congress on a case-by-case basis. The Columbia Plateau tribes, however, endured major assaults by the states of Oregon, Washington, and Idaho on their treaty-reserved rights to fish. The agenda of the states to abrogate treaties and block tribal use of natural resources mounted throughout the twentieth century and came to resolution in federal cases that ultimately upheld the treaty rights." Stephen Beckham, Restoration of Hope, Oregon Indians: Voices From Two Centuries.

Multiple copies of each of these items are available at the CIT Library located at 2611 Mexeye Loop.

Daylight Saving Time Begins March 13th



Daylight Saving Time begins Sunday, March 13th this year. Before you go to bed on Saturday night, March 12th, move all your clocks one hour ahead. When you wake up Sunday morning, you will wake up to the correct time.

"Spring Forward"

Beginning in 2007, daylight saving time in most of the United States and Canada has started at 2:00 a.m. on the second Sunday of March, and has ended at 2:00 a.m. on the first Sunday of November. Intended to promote energy conservation by starting daylight saving time three weeks earlier and ending it one week later, the change was part of the Energy Policy Act of 2005, passed by the United States Congress.



It is a good idea to test all of your smoke alarms when you reset your clocks. Remove the old batteries and replace with fresh batteries. You should also test and replace the batteries in your carbon monoxide detectors. **Prevention saves lives.**



Spring Begins Sunday, March 20th

Please remember that CIHA has lawn care equipment available for you to borrow, such as weed eaters, lawn mowers, a wheel barrow, a square shovel and a round shovel, to help you with your lawn maintenance.

To make arrangements to borrow any of these items, please call Ken Myers, CIHA Maintenance Technician, at the CIHA office during regular business hours at 541-888-6501 or 541-297-3022.



It's
Tax
Time
Again!



Free Local Tax Preparation Sites

RSVP (Retired Senior Volunteer Program) will be performing FREE 2010 tax preparation beginning February 1st at the North Bend College Park Community Church located at 2548 Newmark Street for anyone who needs free tax preparation.

- No appointment is necessary
- Hours of operation: 10:00 a.m. - 1:00 p.m., Monday, Tuesday, Friday, & Saturday
- Bring photo ID, Social Security card(s), 2009 tax return, & 2010 tax information

There are also free tax preparation sites located in Bandon, Coquille, Lakeside, and Florence. Please call RSVP at 541-888-7332 or CIHA at 541-888-6501 for location, date, and time information.

Your family may qualify for the Earned Income Tax Credit for 2010. Log on to the IRS website: www.irs.gov for tax information, useful tips, and a library of tax forms. Tax credits = Extra \$\$\$ for your family

Current Employment Opportunities

Oregon Coast Community Action has a website that lists available jobs. To view job listings:

- Log on to the website at: www.orcca.us/jobs.html
- A link to the job application is listed at the top of the page.
- Application requirements and an application submission address are listed next.
- A current list of ORCCA job openings is displayed near the bottom of the page.
- A telephone number is also listed; please contact ORCCA with questions.

Jobs Available!
Apply Today!

The Mill · Casino Hotel has a website that lists available jobs. To view job listings:

- Log on to the website at: www.themillcasino.com
- Click on **Employment** listed at the bottom of the page.
- Click on **Open Positions** on the left.
- A new page appears listing all current job openings. Click on the position you are interested in and an online application will appear.
- Complete and submit the application.
- For more employment information, please contact The Mill · Casino Hotel at 541-756-8800.



The State of Oregon Employment Department has a website that lists available jobs. To view job listings:

- Log on to the website at: www.employment.oregon.gov/
- Click **Browse Available Jobs**.
- Click a tab next to **Search Jobs By:** to search for a job.
- Click on the job you are interested in to see the job listing, job summary, job classification, job compensation, job requirements, and other information.
- You can also set up an iMatch Skills account where you set up your iMatch Skills profile to match your skills and experience to jobs from Oregon businesses. The link is listed on their webpage under **iMatchSkills**. This helps employers find YOU!



SAFeway is currently hiring. To fill out an employment application:



- Log on to the website at www.safeway.com
- Click on **Careers**.
- Click on **the drop-down menu** APPLY NOW
- Choose the position you are interested in. Complete the online application.
- Entry level positions start between \$8.50 and \$8.60 an hour.
- All employees that consistently work 20 hours a week are benefit eligible between three and seven months of employment. Benefits include medical, dental, life, and retirement plans. Some plans also include vision.
- You may follow up on your employment application by contacting: Laura.Vinson@safeway.com

**Coquille Indian
Housing Authority**

2678 Mexeye Loop
Coos Bay, OR 97420

(T) 541-888-6501
(T) 800-988-6501
(F) 541-888-8266

daleherring@coquilleiha.org
traceyroome@coquilleiha.org

**We cannot always build
the future for our youth,
but we can build our
youth for the future.**

**~ Franklin D. Roosevelt
(1882 - 1945)**

March is Women's History Month

Soroptimist International of Coos Bay is honored to sponsor an exhibit at the Coos Historical & Maritime Museum that will open on Saturday, February 26, 2011 - just in time for Women's History Month.

The exhibit is titled *Homemakers and Rule Breakers: Coos County Women Who've Made a Difference*

Daisy Wasson Coddling, a Coquille Tribal member, is one of the women highlighted.

If you have time, stop by and enjoy the exhibit. The museum is open all year long Tuesday - Saturday

10:00 a.m. - 4:00 p.m.

Admission is:

\$4 for Adults

\$2 for Students and Seniors

FREE for Children 12 and under

For more
information,
call

541-756-6320



Website: www.cooshistory.org



March 11, 12, and 13
Jazz Venues: The Mill Casino · Hotel
and the Red Lion Hotel

Badge Prices

All Event, Early Bird	\$65
All Event (after 03/01/11)	\$70
Friday Only	\$30
Saturday Only, All Day	\$45
Saturday Only, 10:00 a.m. - 5:00 p.m.	\$25
Saturday Only, 5:00 p.m. - End	\$30
Sunday Only	\$20
Student, All Event	\$10

Thursday

Warm-Up: 7:00 p.m. - 10:00 p.m. The Mill Salmon Room

Friday: 3:00 p.m. - 5:00 p.m. Youth Groups
5:30 p.m. - 8:10 p.m. Free performances at the Egyptian Theatre
6:00 p.m. - Midnight Festival Bands

Saturday: 10:00 a.m. - Midnight Festival Bands

Sunday: 9:00 a.m. Gospel Service at the NB Presbyterian Church
10:00 a.m. - 8:30 p.m. Festival Bands

Badges are on sale now at Ko-Kwel gifts, 541-756-8800, ext. 9, or for more information, please call 541-269-0112 or log on to www.clambakejazz.org