



Coquille Indian Housing Authority



# Sea~Ha Runner



A fun and informative Newsletter for the Residents of the Kilkich Community

Volume 17, Issue 1  
January 2014

## January Calendar

New Year's Day CIHA Closed	1
KRA Board Meeting at 5:30 p.m.	13
Martin Luther King Jr. Day CIHA Closed	20
Gathering of Oregon's First Nations in Salem	25
CIHA Board Meeting at 3:30 p.m.	30

**LIHEAP** appointments are still being scheduled. If you have not yet signed up for LIHEAP, please call CIHA at 541-888-6501 to schedule your energy assistance appointment.

To be eligible for this once-a-year energy assistance program, the total household income must be at or below 60 percent of Oregon's median income. The household must also have documented energy costs.

At the time of application, you will need to provide:

- Names and Social Security numbers of all household members
- Proof of gross household income for the last 3 months.
- The most recent copy of your heating bill.

## Kilkich Resident's Association Holiday Gift Card Drawing Winners



The Kilkich Residents Association sponsored a Holiday Gift Card Drawing again this year.

Every home in the Kilkich community with outside holiday decorations displayed by the evening of Wednesday, December 18<sup>th</sup> was entered into the random drawing. Decorations could include outside lights, yard decorations, wreaths ... any OUTSIDE holiday décor.

Three winners were drawn and each winner was awarded a \$50 gift card.

**CONGRATULATIONS to the winners this year:**

- Bryson and Stephanie Burns
- Emil Christoffersen
- Ken and Kristi Myers

Also, THANK YOU to every resident who participated and decorated their home and yard this holiday season. The community sparkled as many homes had lights and lovely decorations displayed for all to enjoy!



## FREE Christmas Tree Pickup

**FREE** Christmas tree pickup -  
**TWO DAYS ONLY!!**

- Monday, January 6<sup>th</sup>
- Monday, January 13<sup>th</sup>

Remove the tree stand and ALL the decorations from the tree. Set the tree out beside your curb.

CIHA maintenance will stop by and pick up the Christmas tree.



If you have any questions, please contact the CIHA office at 541-888-6501.



## Holiday Decoration Reminder

Please remove all holiday decorations within 30 days following a holiday.

## Rent Payment Pickup

- Rent payment pickup is available for elders and persons with disabilities.
- To schedule a rent payment pickup, call the CIHA office at 541-888-6501. A CIHA employee will stop by and pick up your rent payment for you.



*Queen-Size, Pillow Top Mattresses donated by The Mill Casino · Hotel Available*

CIHA has received another seven, gently-used, queen-size pillow top mattresses donated by The Mill Casino · Hotel. These mattresses **DO NOT** come with a set of box springs or bedding.



The mattresses are available to Kilkich residents,

CIHA program participants, and Tribal members.

**If you have not previously received a Mill Casino · Hotel donated mattress this year,** and you are in need of a mattress, call CIHA at 541-888-6501; one mattress per eligible household. The mattresses will be given away on a first come, first served basis.

CIHA will deliver mattresses to households in the Kilkich community; **CIHA will NOT move or remove existing mattress/ other furniture.** If you reside off of Tribal Lands, you will need to make arrangements to pick up and transport the mattress.

Contact CIHA if you have any questions, 541-888-6501.



*Diabetes Prevention Program Presents "A New Day, A New You!"*

**A weight loss and lifestyle program to improve your health and change your life.**

Are you sick of all those traditional "diet" programs? Are you tired of depriving yourself and feeling sluggish all day? Well look no further! This Program is the program for you!



No more dieting, no more confusion, just plain simple ways to get back on track, feel better, and lose weight. This program will not only teach you how to lose weight, but how to be healthy for the rest of your life. Start by attending the free information session to see if this program is right for you!

Free Information Day:  
 Tuesday, January 7, 2014  
 6:00 p.m. - 7:00 p.m.  
 CIT Health Center

For more information, contact Gail Accinelli at 541-888-9494, ext. 20216 or [gailaccinelli@coquilletribe.org](mailto:gailaccinelli@coquilletribe.org)



KRA meets the second Monday of every month; the one-hour meeting begins at 5:30 p.m.

ALL Kilkich residents are welcome and encouraged

to attend. Please stop in and share your thoughts and ideas!

The next KRA meeting is on Monday, January 13<sup>th</sup> at 5:30 p.m. in the CIHA office. Hope to see you there!

Volleyball at the CIT Community Center on Monday nights at 5:30. Anyone interested is invited to stop by and join in the game! Call 541-888-9494 for more information.

*Animal Complaints Continue*



Like a never-ending saga, the animal complaints continue to increase regarding **animal waste not being picked up or disposed of properly** and **dogs running loose.**

- As a pet owner, it is ***your responsibility*** to clean up **ANY** mess your animal makes and dispose of the waste properly.
- To help ensure the safety of community members, **dogs ARE REQUIRED to be on a leash at all times when outside their home or yard.** ***Animals running at large should be reported to the Coos County Animal Control office at 541-751-2480.***
- All animals are required to have current vaccination records and photos on file with the CIHA office.



***Please help keep the Kilkich community a clean and safe place to live. Clean up after your pet; do not allow your dog to run free.***

## About That Mascot Issue . . .

Submitted by: Chris Tanner, Librarian  
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This month's subject is quite controversial. I've heard this debate for decades and I have recalled many of my relatives expressing their opinion on it. This controversy has been in the news quite a bit since football season started and if you ever visit <http://www.indianz.com/> you will see a new article or editorial on this subject almost every day.

Off and on through the years, high schools, colleges and professional sports team have been criticized for their use of native images and names for their team or school's mascot. In many cases, these schools or teams changed their name in response to public outcry. Since the 1970s, more than 600 high school and college teams across the country have done away with their Native American nicknames, including 20 in Oregon. This is not the case with professional teams located in Chicago, Cleveland, Atlanta and Washington, D.C.

On December 13, the National Congress of American Indians (NCAI) issued a press release regarding the Leadership Conference of Civil and Human Rights, a group representing over 200 civil rights organizations, passing a resolution calling on the Washington, D.C. NFL team to change its name. Read it online at the NCAI's web page at <http://www.ncai.org/>

NCAI's web page has several articles and reports related to the use of Native American mascots.

In 2012, the State of Oregon passed a bill banning all Native American school mascots. Last spring, some members of the Oregon legislature proposed changing the law so a school could keep its Native American mascot if the local tribal government agreed to it. This makes for interesting debate. Hypothetically, a tribe could work with a local school called the "Braves" if the school implemented classes teaching the Tribe's language or maintained an Oregon history curriculum that provided detailed information on the traditions and history of Oregon tribes. Perhaps an agreement like that would be good cause for a Tribe's government to support the use of a Native American themed mascot. I don't know if Oregonians will find out if such a compromise would work because last August, Governor Kitzhaber vetoed the bill. Oregon Tribes were split in their support of it.

Oregon tribal leaders split on mascot ban, bills to reverse it:

[http://www.oregonlive.com/politics/index.ssf/2013/03/oregon\\_tribal\\_leaders\\_split\\_on.html](http://www.oregonlive.com/politics/index.ssf/2013/03/oregon_tribal_leaders_split_on.html)

Oregon Governor Vetoes Bill That Would Allow Native Mascots:

<http://indiancountrytodaymedianetwork.com/2013/08/19/oregon-governor-vetoes-native-american-mascot-bill-rejects-loophole-150943>

I admit that I felt some agreement to the idea of a local Tribe's government working with a local school that had such a mascot. But on the other hand, there is a lot of information connecting the attitudes that permit such mascots to exist in schools with creating an academic environment that negatively impacts Native American student performance. Ultimately, none of the Indians/Native Americans/Indigenous People that I am related to and/or am friends with, nor any I've seen a picture of, look anything like those mascots.

Merry Christmas, happy New Year and a happy overall holiday season to everyone.

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The time is always right  
to do what is right.

~ Martin Luther King Jr.

Save the Date!

January 25, 2014

Oregon State Fair & Expo Center  
Salem Pavilion  
2330 17th Street NE, Salem, OR

Doors open at Noon  
Grand Entry - 1 p.m.  
Break - 5 - 6 p.m.  
Powwow ends at 9 p.m.

Tribal vendors contact us at  
1-800-422-0232

This event is sponsored  
by the sovereign governments of

6th Annual "GATHERING OF OREGON'S FIRST NATIONS"

Standing Strong

January 2014

Postage Rate Increase

On January 26<sup>th</sup>, new postage rates for several mail classes will be implemented by the U.S. Postal Service. **First class letters (1 oz.) will increase by \$0.03 to \$0.49 from \$0.46.** (Buy Forever Stamps before the new rate increase.) Check out the additional rate increases at <http://www.stamps.com/usps/postage-rate-increase/>

S/Nipped - Low Cost Spay & Neuter Clinic

For information on services available and to schedule your low cost spay/neuter, please call 541-808-2377

or visit the S/Nipped website at:

<http://snippedandspayed.webs.com/appointments.htm>

- ✕ The clinic is located at 132 N. Wasson, Coos Bay (right behind Empire McKay's grocery store)
- ✕ Female Dog Spay - \$100; Male Dog Neuter - \$100
- ✕ Female Cat Spay - \$65; Male Cat Neuter - \$45
- ✕ Feral Cat Package - \$45
- ✕ Low-cost vaccinations are available for surgical patients
- ✕ Prices are subject to change



Kilkich Online - facebook

[www.facebook.com/kilkich](http://www.facebook.com/kilkich)

The Kilkich Facebook page is a great place to keep up on Tribal and community events. You may share photos, recipes, items for sale, local events, announcements, etc. Log on today and find out what is happening in your community.

The Kilkich Facebook page was created by and is maintained by Alison Wasson.

Oregon Legislature Passes New Laws for 2014

The Oregon Legislature has passed hundreds of new laws that go into effect January 1, 2014. A few of the new laws are listed below; log onto <http://www.oregonlegislature.gov/> for more in-depth information.

- Minimum wage will increase \$0.15 to \$9.10.
- Cigarette tax will increase \$0.13 to \$1.31 per pack.
- Texting while driving will result in higher fines - \$160 to \$500.
- Smoking with a child inside the car will bring a high fine. First offense is \$250; repeat offenses are \$500.
- Minors MUST have a doctor's note to use a tanning bed.
- Tying up a dog using a leash that is "not a reasonable length" for more than 10 hours in a 24-hour period carries a fine of up to \$1000.