

Sea-Ha Runner

A fun and informative Newsletter
for the Residents of the Kilkich Community



January 2017
Volume 20, Issue 1

KRA \$25 Holiday Gift Card Drawing Winners

The Kilkich Residents Association (KRA) sponsored a Holiday Gift Card Drawing again this year for the Kilkich community.

Every Kilkich home with outside holiday decorations displayed by the evening of Sunday, December 18th was entered into the random \$25 gift card drawing. Decorations could include outside lights, wreaths, yard decorations, etc. ... any outside holiday décor.

Congratulations to the winning households!

1. 701 Jistajaya Court, Matthew and Samantha Ward
2. 702 Jistajaya Court, Bryson and Stephanie Burns
3. 2642 Mexeye Loop, John and Sandra Garrett



Thank you to everyone who decorated this year! Beauty and festivity filled the community!

January Calendar

New Year's Day Holiday 1

New Year's Day Observed - CIHA Closed 2

KRA Board Meeting at 5:30 p.m. 9

Martin Luther King, Jr. Day - CIHA Closed 16

CIHA Board Meeting at 3:30 p.m. 26

FREE Christmas Tree Pick Up 2 Days in January

CIHA maintenance will be providing a courtesy Christmas tree pick up throughout the Kilkich community two days in January. The pick up days are:

1. Tuesday, January 3rd, and
2. Monday, January 9th

Please remove ALL decorations and the tree stand from the Christmas tree and set the tree out beside the curb at the end of your driveway on either of the above listed days.



This service is for live trees only. CIHA will not pick up artificial trees.

Artificial trees may be disposed of at the local waste management center, 541-756-5211.

Local area thrift stores may accept an artificial tree as a donation if the tree is in good, clean, usable condition.

If you have any questions, please contact the CIHA office at 541-888-6501.

Holiday Décor Reminder

Please remove holiday decorations within 30 days following a holiday.

Thank you!



Tips On How To Maximize Your 2017 Holiday Credit



In 2016, as in previous years, the CIHA Board of Commissioners approved a December holiday credit to be awarded to each household on Tribal Lands. The credit ranged from \$25 to \$150. If you are interested in earning the maximum holiday credit in 2017, the criteria is as follows:

1. Pay your rent/house payment on time and in full each month.

2. Pass your annual household inspection.
3. Return all paperwork in full and on time.
4. Have no actionable neighborhood complaints.
5. Have no power, water, or garbage shutoff notices.
6. Have no yard notices.



Call the CIHA office at 541-888-6501 if you have any questions.

KRA Board Meeting On Monday, January 9th, 5:30 p.m.



The Killich Residents Association usually meets on the second Monday of every month.

The next KRA meeting is scheduled for Monday, January 9th at 5:30 p.m. at the CIHA office.

All Killich residents are invited to the KRA meetings and encouraged to attend. KRA is always looking for new members and community input.

KRA holds fundraisers throughout the year and uses the monies raised to benefit the Killich community and the families that live in the community.



If you have an idea or concern you would like to present to KRA, but are unable to attend the next meeting, please email KRA at the following address: killichresidents@gmail.com

Killich Residents Association Is Now On Facebook



Killich is now on Facebook - a group for residents and employees of the Killich Community.

Stay up to date on current and upcoming events, upcoming community meetings, and other Killich community information.

You may post lost and found items, items for sale, etc. on the Killich page. An inflatable snowman has already been returned to its rightful owner thanks to the Killich page.



Killich on Facebook is a valuable tool and useful resource for the Killich community. Find the page at: www.facebook.com/groups/killich

HOUSING PAYMENT PICK UP IS AVAILABLE for elders and people with disabilities.

Call CIHA at 541-888-6501 to schedule a payment pick up.

Tax season is right around the corner.



For tax information, advice, and answers to common tax questions, check out the websites listed below.

FREE local tax preparation sites and services will be listed in the upcoming February Sea-Ha Runner newsletter.

www.irs.gov
www.bankrate.com/taxes.aspx
www.efile.com
www.hrblock.com



Keeping Food Safe During Emergencies

Power
Outage



Food Safety Tips

- ◊ Wash hands with hot soapy water for at least 20 seconds before and after handling food.
- ◊ Refrigerate or freeze perishables, prepared food, and leftovers **within 2 hours**.
- ◊ Always thaw food in the refrigerator **NOT** at room temperature/ on a counter.
 - ◊ Sanitize cutting boards with bleach after food preparation.
 - ◊ Marinate food in the refrigerator, **NOT** on the counter; discard leftover marinade.
- ◊ Replace dish towels and sponges often to prevent the spread of harmful bacteria.

With winter weather in full swing and the risk of weather-related power outages a very real threat, it is a good idea to prepare and plan ahead. If you have a generator, and enough fuel, keeping your appliances running during an outage should not be a problem. If you do not have a generator, listed below are tips to help you keep your perishables cold longer.

PLAN AHEAD

- Keep an appliance thermometer in both the refrigerator and freezer; a refrigerator should be kept at 40° F or below; a freezer should be kept at 0° F or below. 
- Group foods together; this helps food stay cold longer.
- Keep the freezer full; fill empty spaces with plastic water jugs, bags of ice, or gel packs. 
- Have a large, insulated cooler and frozen gel packs available; perishable foods will stay safe in a refrigerator only 4 hours.
- Find out where dry ice and block ice can be purchased. 

DURING A POWER OUTAGE

- Keep refrigerator and freezer doors closed.
- A refrigerator keeps food safe for 4 hours; if power is off longer, transfer food to a cooler and fill with ice or frozen gel packs. Make sure there is enough ice to keep food in the cooler at 40° F or below. Add ice to the cooler as the ice begins to melt.

- A full freezer will hold its temperature for approximately 48 hours (24 hours if it is half full).
- Try to obtain dry ice or block ice if your power is going to be out for a prolonged period. Fifty pounds of dry ice should hold an 18-cubic-foot freezer for 2 days. (Caution: Do not touch dry ice with bare hands or place in direct contact with food.)
- In freezers, food in the front, in the door, or in small, thin packages will defrost faster than large, thick items or food in the back or bottom of the unit.
- During freezing weather, do not put perishable food outside to keep it cold. Outside temperatures can vary and food can be exposed to animals and unsanitary conditions. Instead, **make ice**. Fill buckets, empty milk containers, or cans with water and leave them outside to freeze. Use this homemade ice in your refrigerator, freezer, or coolers.

AFTER A POWER OUTAGE

- **NEVER** taste food to determine its safety.

WHEN IN DOUBT, THROW IT OUT.

Excerpted from www.fsis.usda.gov

For additional food safety information, check out the following websites.

www.fsis.usda.gov

www.fda.gov

www.redcross.org/prepare/disaster/food-safety

www.foodsafety.gov



Coquille Indian Housing Authority

2678 Mexeye Loop
Coos Bay, OR 97420

Phone: 541-888-6501

Phone: 800-988-6501

Fax: 541-888-8266

daleherring@coquilleiha.org

traceymueller@coquilleiha.org

Wishing everyone a safe and

**HAPPY
NEW YEAR!
2017**

10 Ways To Protect Yourself From Identity Theft

1. Secure Your Mail - Get a locking mailbox or a PO box.
2. Limit What is Mailed To You - Get online accounts for bank and credit cards.
3. Never Leave Personal Information In Your Car - Your wallet, your purse, your mail ...
4. Shred Documents Containing Personal Information - This includes bank and credit card statements, tax forms, and medical bills.
5. Lock Electronic Devices - Set up passcodes to prevent unauthorized use.
6. Close Out Inactive Accounts.
7. Don't Carry Your Social Security Card.
8. Monitor Account Activity.
9. Register With The 3 Credit Reporting Agencies.
10. Put Fraud Alerts Or Freezes On Your Accounts - If you suspect suspicious activity, be safe and contact the 3 credit reporting bureaus and put a fraud alert/ freeze on your accounts.

S/Nipped - Low Cost Spay & Neuter Clinic

For information on services available and to schedule your low cost spay/neuter, please call 541-808-2377

or visit the S/Nipped website at:

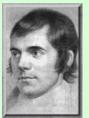
www.snippedinfo.com



- ✕ The clinic is located at 132 N. Wasson, Coos Bay (right behind Empire McKay's grocery store)
- ✕ Female Dog Spay - \$125; Male Dog Neuter - \$100
- ✕ Female Cat Spay - \$75; Male Cat Neuter - \$50
- ✕ Feral Cat Package - \$50
- ✕ Low-cost vaccinations are available for surgical patients
- ✕ **Prices are subject to change**



Burns' Night Celebration and Dinner Saturday, February 4, 2017



The Coastal Celtic Society Burns' Night Dinner is an annual celebration of the life of Scottish poet, Robert Burns (1759 - 1796) featuring traditional Scottish food and a ceremony with participants in traditional Scottish regalia.



The Burns' Night Celebration and Dinner will include bagpipers, a harpist, and other entertainment.



Tickets are \$35 and may be purchased at Kō-Kwel Gifts through Friday, February 3, 2017, at 5:00 p.m.

For more information, call 541-756-8800, ext. 9.

Martin Luther King, Jr. Day

A Leader in the Civil Rights Movement



Excerpted from Wikipedia, the Free Encyclopedia

Martin Luther King, Jr. Day is a United States holiday observed on the third Monday of January each year (around the time of King's birthday) marking King's birth date. He was born on January 15, 1929, in Atlanta, GA.

Martin Luther King, Jr. was an American Baptist minister and activist who was a leader in the African - American Civil Rights Movement. King was the chief spokesman

for non-violent activism in the civil rights movement, which successfully protested racial discrimination in federal and state law.

The campaign for a federal holiday in King's honor began soon after his assassination in 1968.

The holiday was finally signed into law by President Ronald Reagan in 1983, and it was first observed on January 20, 1986. At first, some states resisted observing the holiday.

"Darkness cannot drive out darkness; only light can do that. Hate cannot drive out hate; only love can do that."

~ Martin Luther King, Jr.